

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1 **BBQ Chicken Pizza**  
Crudites

Option 2 **Margherita Pizza**  
Crudites

Potatoes &  
Pasta

Packed  
Lunch

The Finale

### TUESDAY Family Faves

**Beef Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

**Super Veggie Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

**Sticky Gingerbread Cake**

### WEDNESDAY Baking British

**Roast Gammon**  
Roasties and Fresh Vegetables  
Gravy

**Veggie Sausage & Summer Veg Traybake**  
Roasties and Fresh Vegetables  
Gravy

**Chocolate Brownie**

### THURSDAY Food Festival

**Chicken Tikka Biryani**  
Wholegrain Rice  
Coconut Green Beans

**Roasted Sweet Potato Dhal**  
Wholegrain Rice  
Coconut Green Beans

**Strawberry Mousse with Peach**

### FRIDAY Fun Day

**Fish Fingers**  
Pollock  
Chips and Baked Beans

**Baked Beans & Vegetable Dippers**  
Chips

**Oat Cookie**

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

#### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ✓ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY Authentic Italian

Option 1

**Creamy Chicken Pasta Bake**

Whole Grain Penne  
Garlic Slice  
Green Salad

## TUESDAY Family Faves

**BBQ Pulled Pork & Mash**

Carrots

## WEDNESDAY Baking British

**Roast Chicken & Stuffing**

Roasties and  
Fresh Vegetables  
Gravy

## THURSDAY Food Festival

**Beef Lasagne**  
Potato Wedges  
Rainbow Slaw

## FRIDAY Fun Day

**Baked Breaded Fish**

Chips and  
Mushy Peas

Option 2

**Veggie Bolognese**

Whole Grain Penne  
Garlic Slice  
Green Salad

**Baked Bean & Veggie Sausage Cowboy Pie**

Carrots

**Cheese & Spring Onion Pastry Slice**

Roasties and  
Fresh Vegetables  
Gravy

**Veggie Nachos & Cheese**

Potato Wedges  
Rainbow Slaw

**Carrot & Potato Cakes Homemade Tomato sauce**

Chips and  
Mushy Peas

Potatoes & Pasta  
Packed Lunch

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

**Peach Puff Pastry Slice & Custard**

**Rice Krispie Cakes**

**Chocolate & Marshmallow Cake**

**Apple Pie & Custard**

**Fruity Flapjack**

Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

## WEEK THREE

Spring / Summer 2022  
28/2, 21/3, 11/4, 2/5, 23/5, 13/6,  
4/7,

### MONDAY Authentic Italian

Option 1

Meatball, Pasta &  
Garlic Bread  
Traybake  
Sweetcorn ▲

### TUESDAY Family Faves

Sticky Baked  
Bangers & Mash  
Green Beans  
Gravy ▲

### WEDNESDAY Baking British

Roast Chicken &  
Stuffing  
Roasties and  
Fresh Vegetables  
Gravy ▲

### THURSDAY Food Festival

Honey & Soy  
Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

### FRIDAY Fun Day

Fish Fingers  
Pollock  
Chips and  
Peas

Option 2

Tomato & Mozzarella  
Gnocchi  
Garlic Slice  
Sweetcorn ▼

Sticky Veggie  
Bangers & Mash  
Green Beans  
Gravy ▼

Quorn Roast  
Roasties and  
Fresh Vegetables  
Gravy ▼

Crunchy Topped  
Macaroni Cheese  
Broccoli ▼

Veggie  
Croquettes  
Chips and Peas ▼

Potatoes &  
Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily ◆

Packed  
Lunch

#### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

The Finale

Chocolate Mousse  
with Mandarin

Sticky Toffee  
Pudding &  
Custard

Vanilla Sprinkle  
Sponge

Apple Crumble  
with Custard

Ginger Cookie

Fresh Fruit, Yoghurt and Salad available every day

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch