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| **Medium Term Planning. Forest School 10 weeks sessions** |
| **Exploring the outdoors.**Forest Schools is a child-centred approach; the activities you plan to offer should reflect the needs and development of the particular children you are working with. The activities are only a starting point and children may choose to take activities in a different direction from the one intended (or choose not to participate in the activity at all). It is the leader’s role to be prepared for this and adaptable enough to develop children’s learning in the most appropriate way. Effective observation and evaluation therefore are vital to plan for future sessions and decide which activities to offer. |
| **Subject****Forest school** | **Class** | **Term.****Autumn 18** | **Learning outcomes** | **Teacher**  | **Resources**  |
| Week 1 | Exploring the woodsABRACADABRAWizards magic colouring wands | ABRACADABRAWizards magic colouring wands | I can say 1 thing that lives in the woodsI can say 3 things that might live in the woodsI can say many things that live in the woods and say how I know.Develop hand/eye coordination | Play gamesFinding the hidden trailMaking wandsFire Bananas and chocolate snack | Safety talk Meeting circleSafety gamesSticksCotton woolHessian squaresRubber bandsBottles of food colouringGreen washing up liquidWhite flourBlindfoldBowl of milkFood colouringWater pistol for games |
| 2 | Early forest  | Will you help rescue a fairy and her unicorn? | I can use my senses safely I can use and talk about my senses.I can use and talk about my senses and tell others how.Principles of floating and the effect of wind | Introduction at meeting place/songMeet a treeMake a boat | Safety talk Meeting circleSafety gamesMake a princess boat on fish wireFlour for the trailDecorate a magic treeskewers |
| 3 | Living things | The woodland fairies and the big-footed troll | I can say 1 thing that lives in the woodsI can say 3 things that might live in the woodsI can say many things that live in the woods and say how I know.Working together in groupsWood craft skills | Introduction to woodland area/ forest school songWhat lives in the woodsFootprint trailsBog peoplePlay troll drum gameFind fairy village | Safety talk Meeting circleSafety gamesCamp fire/snackStoryWhat lives in the woodsModelling clayGoogle eyesWater filters-square fabric, plastic cups rubber bandsHand drum |
| 4 | Legend | The search for the leprechaun’s gold | I can describe sounds that we might hearI can say what something might look like I can describe how imaginary things might feel likeBoosting confidence | Introduction to woodland area/ forest school songSurvival trail Make journey sticks | Safety talk Meeting circleSafety gamesCamp fire/snackStoryClear fishing wireColoured woolBellsCrock pot of coinsSmall leprechaun   |
| 5 | Magic | Magic potions and wizards power wands | I can follow 3 instructions with supportI can follow 3 instructions independently I can follow 3 instructions and more.Knowledge of woodland plants | Introduction to woodland area/ forest school songTree face trailJourney sticksWhittlingFree choiceMaking power wands | Safety talk Meeting circleSafety gamesCamp fire/snackStoryBicarb sodaDrinks bottles |
| 6 | Whatever the Weather | Whoosh watch the rainbow volcanoes fizz | I can give directions to find a object with supportI can give 3 directions to find an objectI can give instructions and amend them to find an objectManaging danger  | Introduction to woodland area/ forest school songMaking safety sticks and identifying volcanoes | Safety talk Meeting circleSafety gamesBicarb sodaFood colouringVinegar |
| 7 | Super Space | Watch Out! The Elves are letting off Rockets | Wind direction and blowing things around | Making elf rocketsFollowing the arrow trailMaking rocket fuel | Launch padBottlesVinegarBicarbPlastic cups |
| 8 | Animals | Play Hide and Seel with Sammy the Grouse | Exploring camouflage an dtracking wildlife | Make camo suits/outfitsFinding Sammy the Grouse | Hessian and cam tarpsToy birdYarn/woolWooden pegs |
| 9 | Wakey Wakey | Help wake up the sleeping stick wizard | Awareness of the senses to explore the surrounding | Making stick wizardsAnimal impresssions | Magic potion trailSoft toysMake up a stick wizard |
| 10 | Pirates | The lost treasure of the woodland pirates | Reading a compass and navigating a map | Making telescopesFinding the flagFinding the treasure | Treasure chestGold/silver coinsCard compassFlag markers |
| Underpinning the whole of forest school is physical development which can be measured through experiences which include:

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|  Experimenting with different ways of moving. Jumping off objects and landing appropriately. Negotiating space successfully, adjusting speed or changing direction to avoid obstacles. Traveling with confidence and skill around under, over and through balancing and climbing. Show increasing control over an object in pushing, patting, throwing, catching or kicking. |

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