

21ST - 27TH AUGUST 2022 • 21ST WEEK IN ORDINARY TIME

At this time of year we welcome many new people into our communities and we also welcome old friends back after the holidays. It's a time to celebrate being together again after so much time apart. Being a welcoming community is at the heart of our faith and this week, perhaps you could find ways to make someone feel welcome, particularly if they feel left out or nervous.



21ST - 27TH AUGUST 2022 • 21ST WEEK IN ORDINARY TIME • PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR AUGUST: SMALL BUISNESSES

WE PRAY FOR SMALL AND MEDIUM SIZED BUSINESSES; IN THE MIDST OF ECONOMIC AND SOCIAL CRISIS, MAY THEY FIND WAYS TO CONTINUE OPERATING, AND SERVING THEIR COMMUNITIES.

CRECETON

28TH AUG. - 3RD SEPT. 2022 • 22ND WEEK IN ORDINARY TIME

The creation story starts with the words "In the beginning" and as we read on we find out how God brought everything into being. As we start our new year let's think about what we can create – new ideas, new relationships and new ways of thinking. We also think at this time about the world we are trying to create for the future and how our actions affect not just the people but the environment around us as well. We are called to join together as a church to focus on creation over the next few weeks – what will you create?



28TH AUG. - 3RD SEPT. 2022 • 22ND WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR AUGUST: SMALL BUISNESSES

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ENCOMMETER

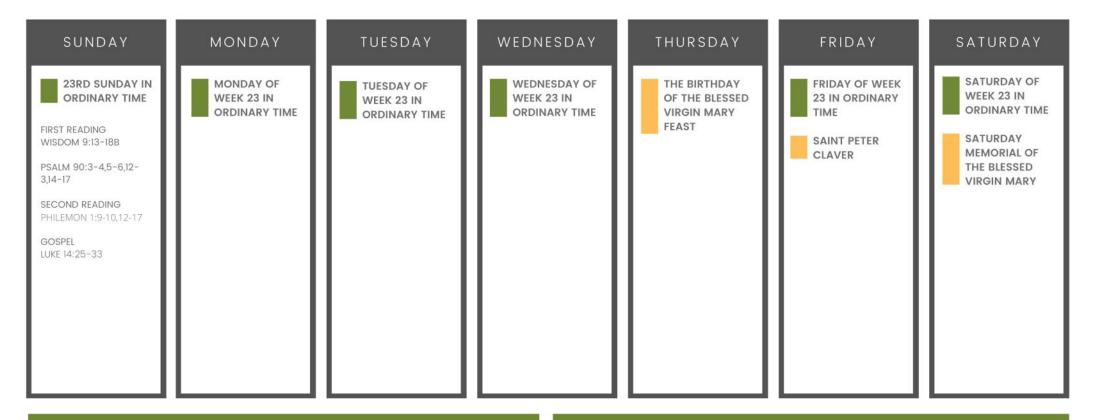
4TH - 10TH SEPTEMBER 2022 • 23RD WEEK IN ORDINARY TIME

The definition of an encounter is "An unexpected meeting". We can encounter Christ in lots of different places but maybe this week we can think about finding Christ in those places we don't expect to.

Maybe we should also think about how we can take Christ to unexpected places too. We can be the face of Christ to other people and by trying to live our lives like him we can help other people meet him, even if they don't expect it! Don't forget to check out our 'encounter' stream on ndcysLIVE to see lots of ways to encounter Christ in your everyday lives.



4TH - 1OTH SEPTEMBER 2021 • 23RD WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR SEPTEMBER : ABOLITION OF THE DEATH PENALTY

WE PRAY THAT THE DEATH PENALTY, WHICH ATTACKS THE DIGNITY OF THE HUMAN PERSON. MAY BE LEGALLY ABOLISHED IN EVERY COUNTRY

BERRONSINGING

11TH - 17TH SEPTEMBER 2022 • 24TH WEEK IN ORDINARY TIME

This week we're going to focus on what it means to belong. We sometimes forget that being connected to the Catholic Church means we're part of something incredible. There are 2 billion people who call themselves Christian and 1.1 Billion of them are Catholic. Think this week about what you belong to. How does it feel to belong to something special and what effect does it have on your life?



11TH - 17TH SEPTEMBER 2022 • 24TH WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

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18TH - 24TH SEPTEMBER 2022 • 25TH WEEK IN ORDINARY TIME

Our Faith gives us the chance to learn so much more than you can ever find in a text book. It helps us to learn how to live and grow as people. When we learn about Jesus we can also learn about ourselves. Think about the biggest lessons you've learnt in your life and how you've changed because of them. What could you learn this week about your faith? Don't forget to check out the 'learn' stream at ndcysLIVE on YouTube.



18TH - 24TH SEPTEMBER 2022 • 25TH WEEK IN ORDINARY TIME • PSALTER WEEK I



OUR MISSION THIS WEEK...

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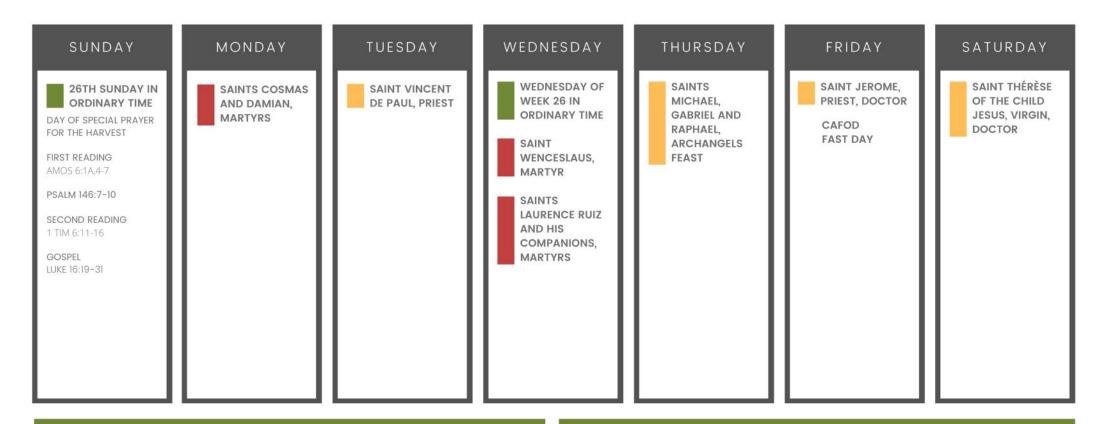
IN CACASSON ON

25TH SEPT. - IST OCT. 2022 · 26TH WEEK IN ORDINARY TIME

Jesus calls all people to follow him. He often caused outrage by being friends with the kinds of people society didn't like. He wasn't afraid to reach out to those people left out by the world and he worked hard to find a way to include them in what he was doing. This week we celebrate the feast of St. Vincent De Paul. He dedicated his life to reaching out to those who were sick and lonely and vulnerable. He knew that they needed God's love and compassion as much as anyone else. Think this week about those people who often get left out. How can you show God's love and compassion to them?



25TH SEPT. - IST OCT. 2022 • 26TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR SEPTEMBER: A CHURCH OPEN TO EVERYONE

WE PRAY FOR THE CHURCH; EVER FAITHFUL TO, AND COURAGEOUS IN PREACHING THE GOSPEL, MAY THE CHURCH BE A COMMUNITY OF SOLIDARITY, FRATERNITY AND WELCOME, ALWAYS LIVING IN AN ATMOSPHERE OF SYNODALITY.

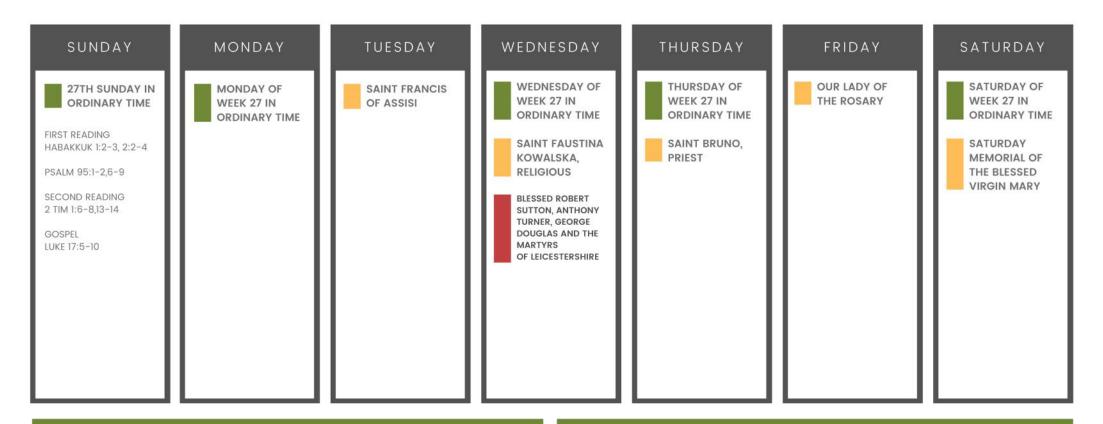
ROSARY

2ND - 8TH OCTOBER 2022 • 27TH WEEK IN ORDINARY TIME

This week we enter into October - a month dedicated to the Holy Rosary. It's a reminder that we can look to Mary not only as an example, but also as a friend who prays with us when we need her the most. Think about who you want to pray for at the moment and maybe take some time this week to pray with Mary.



2ND - 8TH OCTOBER 2022 • 27TH WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR OCTOBER: A CHURCH OPEN TO EVERYONE

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9TH - 15TH OCTOBER 2022 • 28TH WEEK IN ORDINARY TIME

Black History Month gives everyone the opportunity to share, celebrate and understand the impact of black heritage and culture. It also serves as a reminder of the incredible beauty of our diverse communities. It inspires us to celebrate our differences and recognise that we are all unique and important parts of the Body of Christ. Think this week about what you bring to your community and just how much you receive from those around you.



9TH - 15TH OCTOBER 2022 • 28TH WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

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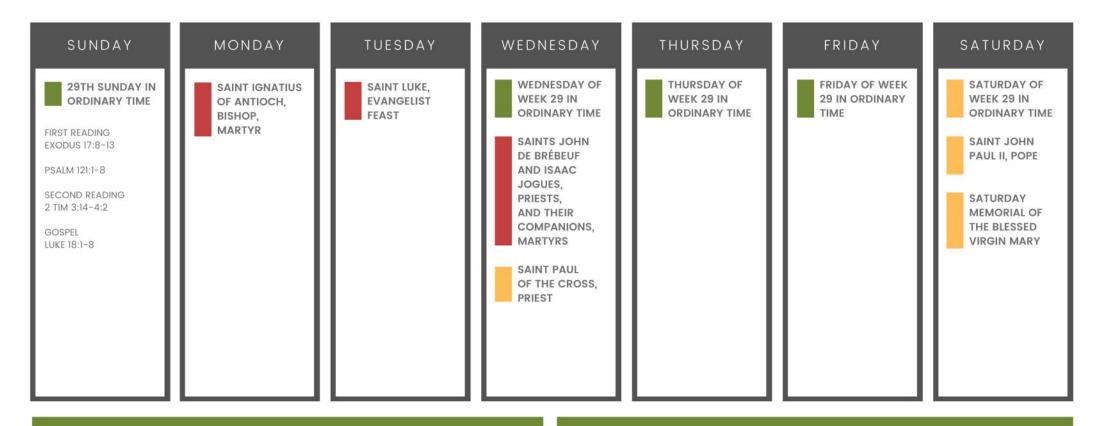
RELAMONSHIPS

16TH - 22ND OCTOBER 2022 • 29TH WEEK IN ORDINARY TIME

Every week we connect ourselves with the universal church when we look at the Feasts and Saints that we celebrate. This is just one reminder that our church is built on loving relationships. We are always called to work on our relationship with God and with others. What are the most important relationships in your life? How is your relationship with God right now?

RELAMONSHIPS

16TH - 22ND OCTOBER 2022 • 29TH WEEK IN ORDINARY TIME • PSALTER WEEK I



OUR MISSION THIS WEEK...

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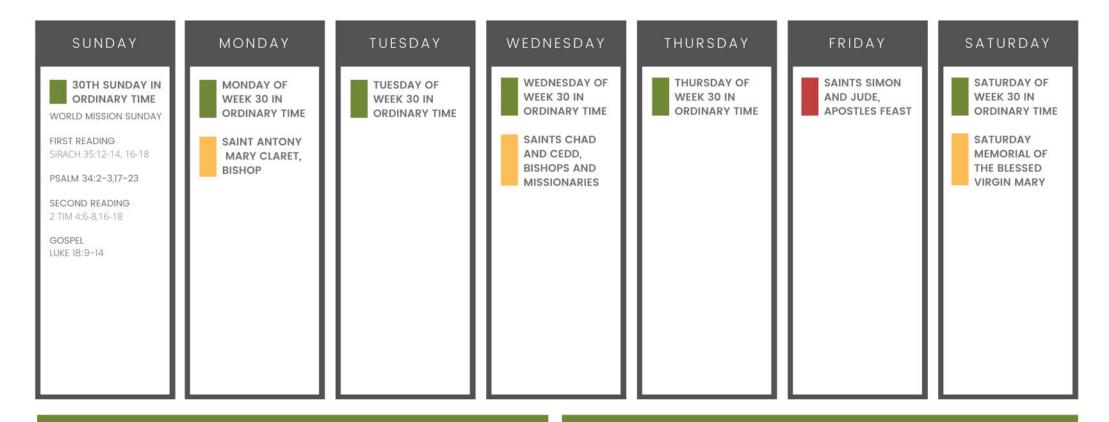
INDIMENTALITY

23RD - 29TH OCTOBER 2022 • 30TH WEEK IN ORDINARY TIME

God created us all equal - not all the same. Each and every person is a unique and special creation of God and this week we need to celebrate all of the things that make us who we are and that make other people individual. We are told that being 'different' is bad and that we should be 'normal' but there is no such thing as normal! Take some time to find the things you love about the people around you and praise and celebrate them for their individuality.

INDIMINATION

23RD - 29TH OCTOBER 2022 • 30TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

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HOMENESS.

30TH OCT. - 5TH NOV. 2022 • 31ST WEEK IN ORDINARY TIME

This week we have two important feasts, All Saints and All Souls. A Saint is one of those men and women who in their life, and often their death, set an example of how to live a life for God. They give hope to us all that we can be better people and one day even become Saints ourselves! We are all called to Holiness and all called to live a life pleasing to God. In November too, and on the feast of All Souls, we remember all who have died and keep them in our prayers.



30TH OCT. - 5TH NOV. 2022 • 31ST WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR NOVEMBER: CHILDREN WHO SUFFER

WE PRAY FOR CHILDREN WHO ARE SUFFERING, ESPECIALLY THOSE WHO ARE HOMELESS, ORPHANS, AND VICTIMS OF WAR; MAY THEY BE GUARANTEED ACCESS TO EDUCATION AND THE OPPORTUNITY TO EXPERIENCE FAMILY AFFECTION



6TH - 12TH NOVEMBER 2022 • 32ND WEEK IN ORDINARY TIME

This week we celebrate the feast of St Martin of Tours. He is famous for literally cutting his cloak to give it to someone in need. His ability to be generous and to look after those around him can inspire us all. Think this week about how you can give to others - what do the people around you need?



6TH - 12TH NOVEMBER 2022 • 32ND WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

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13TH - 19TH NOVEMBER 2022 • 33RD WEEK IN ORDINARY TIME

On the feast of Christ the King, every year, the Church focuses on its young people and celebrates everything that you bring to the world. Youth is not just about age however – it's about our attitude. Anyone can be youthful if they fill their lives with joy and excitement. Youth Funday is a chance to recognise and celebrate what Young People bring to the church of today. Think this week about what it's like to be a young person in today's world – is it easy? What difference can you make to the world around you?



13TH - 19TH NOVEMBER 2022 • 33RD WEEK IN ORDINARY TIME • PSALTER WEEK 1



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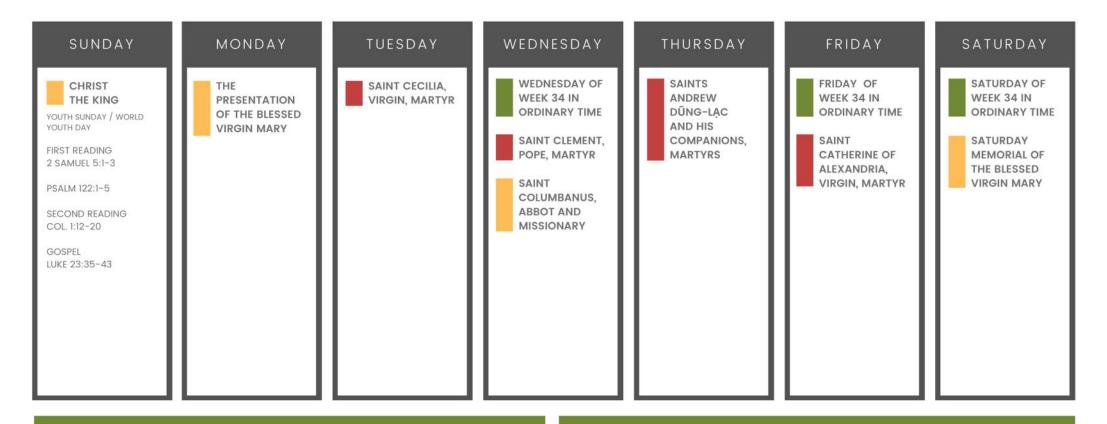


20TH - 26TH NOVEMBER 2022 • 34TH WEEK IN ORDINARY TIME

We are called to build the Kingdom of God. Not out of bricks and stone but out of each other – we are living stones. Christ came to establish the Kingdom of God here on Earth and this week in the lives of the saints we celebrate we see people who give everything they had to build the Kingdom of God. This week we remember Saint Andrew Düng-Lac and Companions – they gave their lives to spread the Good News in Vietnam and the church they founded is still there today.



20TH - 26TH NOVEMBER 2022 • 34TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

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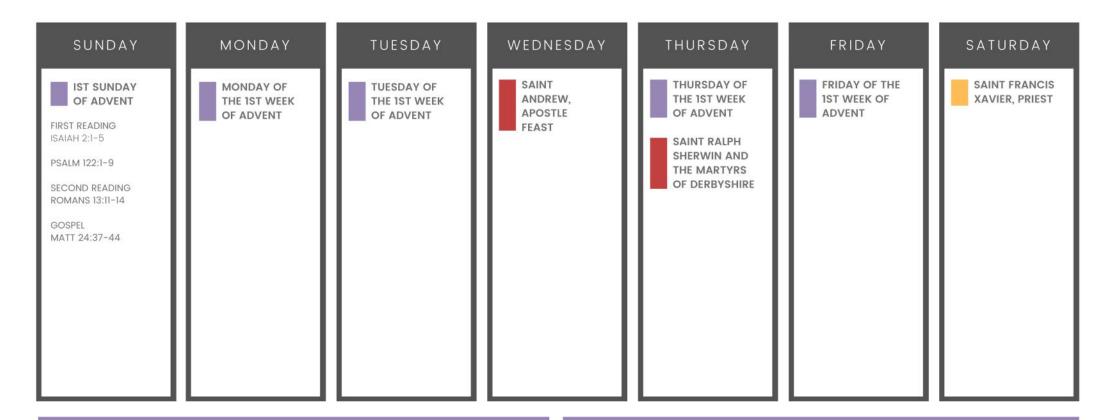


27TH NOV. - 3RD DEC. 2022 • 1ST WEEK OF ADVENT

The first week of Advent is themed around Hope. It's a chance to remember the hope of God's people as they waited for a messiah and an opportunity to reflect on our hope that one day Jesus will come again. What are you hopeful for in our world? If you could have just one hope for the future what would it be? God gives hope to everyone and as we enter the season of Advent we should remember that whenever things are difficult we can always hope in God.



27TH NOV. - 3RD DEC. 2022 • 1ST WEEK OF ADVENT • PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR DECEMBER: VOLUNTEER NOT-FOR-PROFIT ORGANISATIONS

WE PRAY THAT VOLUNTEER NON-PROFIT ORGANIZATIONS COMMITTED TO HUMAN DEVELOPMENT FIND PEOPLE DEDICATED TO THE COMMON GOOD AND CEASELESSLY SEEK OUT NEW PATHS TO INTERNATIONAL COOPERATION.

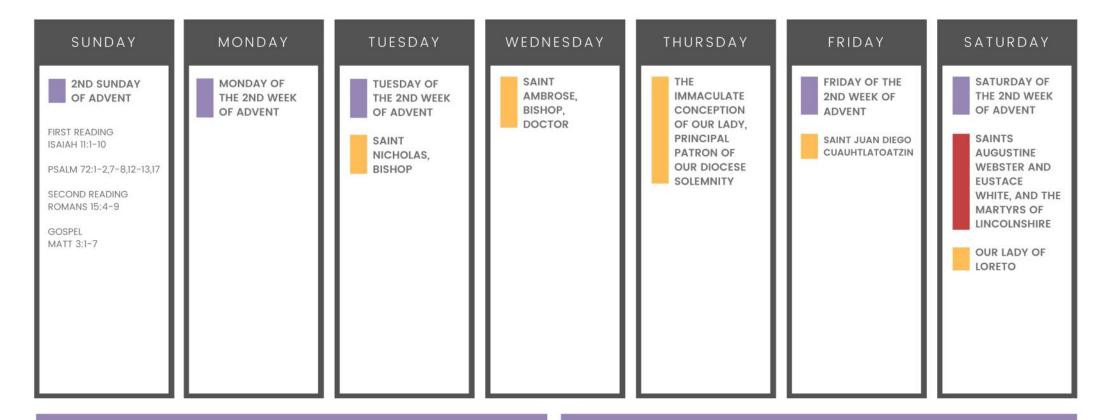


4TH - 10TH DECEMBER 2022 • 2ND WEEK OF ADVENT

God gave himself to the world, not as a powerful king but as a tiny baby. He brought a message of peace and humility to a world that needed it more than ever. Think this week about the peace in our world. Does everybody live in the peaceful communities that we do? This week let's try and remember that during Advent we are called to bring the peace of Christ to everyone we meet.



4TH - 10TH DECEMBER 2022 • 2ND WEEK OF ADVENT • PSALTER WEEK 2



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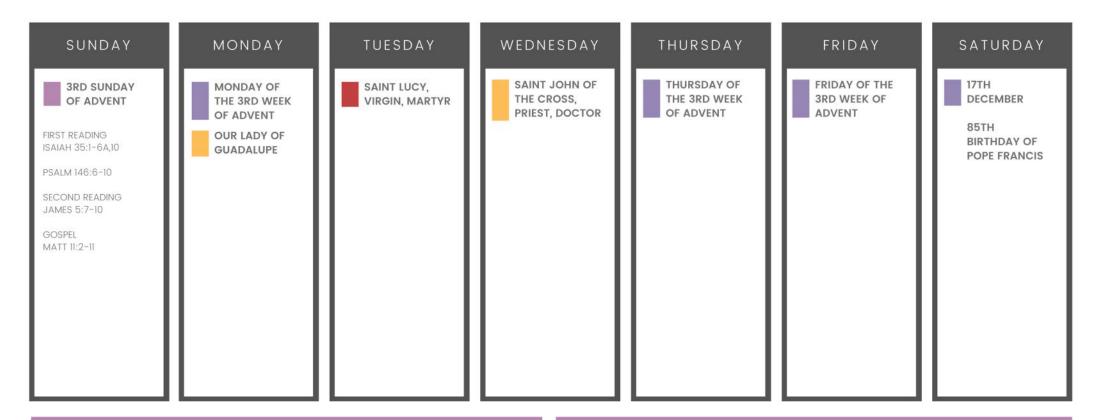


11TH - 17TH DECEMBER 2022 • 3RD WEEK OF ADVENT

The third week of Advent is centered on joy. We celebrate Gaudete Sunday to remind us of the Joy of Christmas that is almost here. It's a great chance to think about what brings us joy in our lives and to give thanks for it. It's also an opportunity to reflect on how we can bring joy to those around us and make the world a more joyful place for everyone!



11TH - 17TH DECEMBER 2022 • 3RD WEEK OF ADVENT • PSALTER WEEK 3



OUR MISSION THIS WEEK...

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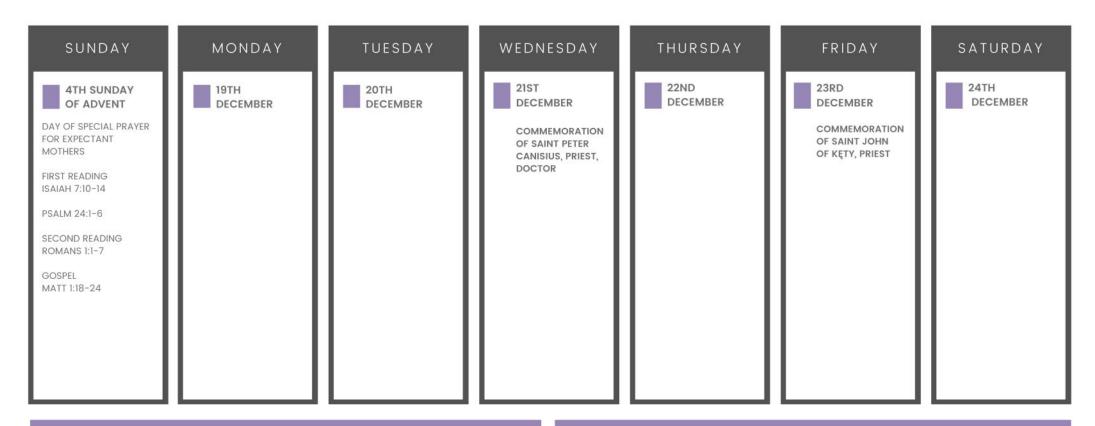


18TH - 24TH DECEMBER 2022 • 4TH WEEK OF ADVENT

In the final week of Advent we focus on love. The love Joseph had for Mary, the love they had for Jesus and the love God showed the world when he gave us his only son. Jesus' birth is the greatest act of love in all of history and it inspires us to always share that love with other people. Who do you love and how do you show it?!



18TH - 24TH DECEMBER 2022 • 4TH WEEK OF ADVENT • PSALTER WEEK 4



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR DECEMBER: VOLUNTEER NOT-FOR-PROFIT ORGANISATIONS

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25TH - 31ST DEC. 2022 . OCTAVE OF CHRISTMAS

Christmas is a time when we remember the Holy Family and it's a time to think about the people we call family too. What makes a good family and how can you bring love and support to those people who are close to you? Mary and Joseph often faced struggles as a family – but they faced them together. How can you support the people you love and bring them strength?



25TH- 31ST DEC. 2022 . OCTAVE OF CHRISTMAS . PSALTER WEEK 1



OUR MISSION THIS WEEK...

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1ST - 7TH JANUARY 2023 . 2ND WEEK OF CHRISTMASTIDE

On the 6th of January celebrate the feast of the Epiphany – when the Wise Men from the east brought gifts of Gold, Frankincense and Myrrh to the baby Jesus. For us it's an opportunity to think about the gifts we've been given and how we use them to serve God. It's also a chance to give thanks for all those who give so much to us every day.



1ST - 7TH JANUARY 2023 • 2ND WEEK OF CHRISTMASTIDE • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JANUARY: EDUCATORS

WE PRAY THAT EDUCATORS MAY BE CREDIBLE WITNESSES, TEACHING FRATERNITY RATHER THAN COMPETITION AND HELPING THE YOUNGES.

AND MOST VULNERABLE ABOVE ALL.

DISCHARLENTIP

8TH - 14TH JANUARY 2023 • 1ST WEEK IN ORDINARY TIME

Being a disciple means following a teacher or a way of life, it's where we get the word discipline from. It reminds us that to follow Jesus we have to live like him and shape our lives in a way that reflects who he was and what he taught. This week we celebrate the Baptism of Jesus which marked the start of his active ministry. That ministry would go on to change the whole world and just like then, we are called to be disciples of Jesus today.



8TH - 14TH JANUARY 2022 • 1ST WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY WEDNESDAY OF THURSDAY OF FRIDAY OF WEEK SATURDAY OF THE BAPTISM MONDAY OF TUESDAY OF 1 IN ORDINARY WEEK 1 IN WEEK 1 IN WEEK 1 IN OF THE LORD WEEK 1 IN WEEK 1 IN ORDINARY TIME ORDINARY TIME ORDINARY TIME **ORDINARY TIME** ORDINARY TIME FIRST READING SAINT AELRED SAINT HILARY. SATURDAY ISAIAH 60:1-6 OF RIEVAULX. BISHOP. MEMORIAL OF PSALM 72:1-2,7-8,10-13 ABBOT DOCTOR THE BLESSED VIRGIN MARY SECOND READING EPH. 3:2-3A.5-6 GOSPEL MATT 2:1-12

OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JANUARY: EDUCATORS

WE PRAY THAT EDUCATORS MAY BE CREDIBLE WITNESSES, TEACHING FRATERNITY RATHER THAN COMPETITION AND HELPING THE YOUNGEST AND MOST VULNERABLE ABOVE ALL.



15TH - 21ST JANUARY 2023 · 2ND WEEK IN ORDINARY TIME

The word inspire means "filled with the spirit" and there are times when all of us take inspiration from the events and people around us. St Paul was inspired by a vision of Christ to change his ways and be a better person on the road to Damascus – we too can be inspired by Christ to change for the better. This week, think about how you can be inspirational. How can you give others a great example or show others how to live their lives in a better way?



15TH - 21ST JANUARY 2023 • 2ND WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY THURSDAY OF FRIDAY OF WEEK SAINT AGNES, 2ND SUNDAY IN WEDNESDAY OF SAINT MONDAY OF 2 IN ORDINARY WEEK 2 IN VIRGIN, WEEK 2 IN **ORDINARY TIME** ANTONY, WEEK 2 IN ORDINARY TIME MARTYR ABBOT **ORDINARY TIME ORDINARY TIME** DAY OF SPECIAL PRAYER FOR PEACE OCTAVE (8 DAYS) SAINT SAINT FABIAN. OF PRAYER FOR POPE. MARTYR WULSTAN, FIRST READING CHRISTIAN UNITY BEGINS ISAIAH 49:3,5-6 BISHOP, RELIGIOUS SAINT PSALM 40:2,4,7-10 SEBASTIAN. MARTYR SECOND READING 1 CORINTHIANS 1:1-3 BLESSED GOSPEL CYPRIAN JOHN 1:29-34 MICHAEL IWENE TANSI, PRIEST

OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JANUARY: EDUCATORS

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22ND - 28TH JANUARY 2023 • 3RD WEEK IN ORDINARY TIME

How often do we accept the challenges from God and follow Jesus? As Christians, we face many challenges along our faith journey and we can look to the inner strength that is given to us by God so that we are able to follow in the footsteps of Jesus. Think this week about the challenges you face and who you can ask for help.



22ND - 28TH JANUARY 2023 • 3RD WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JANUARY: EDUCATORS

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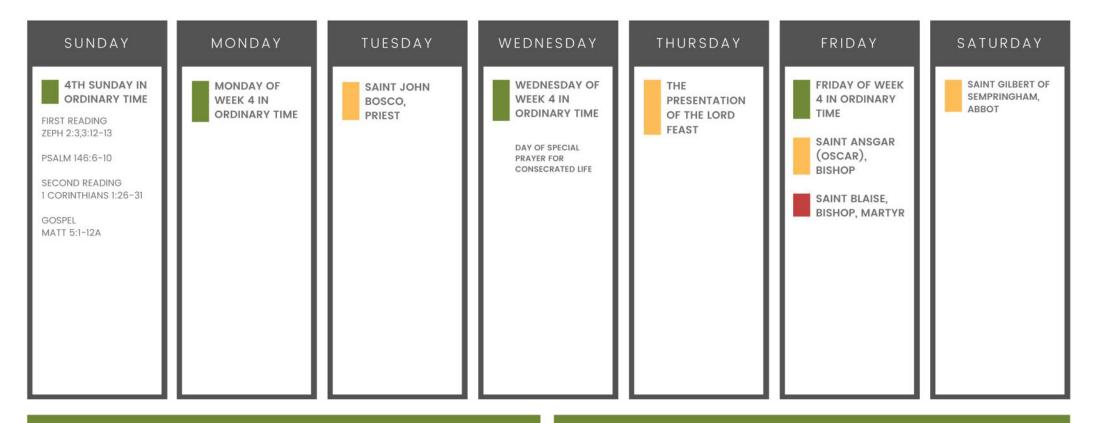


29TH JAN. - 4TH FEB. 2023 • 4TH WEEK IN ORDINARY TIME

On Thursday, we celebrate the feast of the Presentation of the Lord. This commemorates when Mary and Joseph would have presented Jesus to God at the temple and made an offering for him. It reminds us that Mary and Joseph looked out for Jesus and took care of him, just as many people look after and take care of us too. Think this week about who takes care of you and who you take care of. What does it mean to be cared for and what difference can it make to your life?



29TH JAN. - 4TH FEB. 2023 • 4TH WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR FEBRUARY:
PARISHES

WE PRAY THAT PARISHES, PLACING COMMUNION AT THE CENTRE, MAY INCREASINGLY BECOME COMMUNITIES OF FAITH, FRATERNITY AND WELCOME TOWARDS THOSE MOST IN NEED.



5TH - 11TH FEBRUARY 2023 • 5TH WEEK IN ORDINARY TIME

This week we celebrate the Feast of Our Lady of Lourdes. When Our Lady appeared to St Bernadette, she called people to to wash in the water, to repent and find healing. Today millions of people visit Lourdes looking for the same peace and healing in their lives. There have been many miraculous healings in Lourdes over the years and we too can look for healing in our lives through faith. That healing is not always physical, sometimes it can be mental or emotional too and as we celebrate this beautiful feast let us think about the things that we need healing from and how we can bring healing to others.



5TH - 11TH FEBRUARY 2023 • 5TH WEEK IN ORDINARY TIME • PSALTER WEEK 1



OUR MISSION THIS WEEK...

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12TH - 18TH FEBRUARY 2023 • 6TH WEEK IN ORDINARY TIME

This week as a Church we focus on racial justice. We still live in a world where people are sometimes treated differently and unfairly because of their race. Think this week about how you can celebrate the different cultures that make up your communities and find out more about how you can work for justice for all.



12TH - 18TH FEBRUARY 2023 • 6TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

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FOR COGINERALESS

19TH - 25TH FEB. 2023 • 7TH WEEK IN ORDINARY TIME (LENT BEGINS)

This week we begin Lent – a very special and important time in the church calendar. On Wednesday, we will start our journey towards Easter with our Ash Wednesday liturgies and it is at this point that we are reminded that God's forgiveness and mercy is always there for us.

The Ashes remind us that we can begin again and let go of the mistakes we have made. Think this week about what Lent will mean for you, what will you do and how will you experience God's mercy?



19TH - 25TH FEB. 2023 • 7TH WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SAINT PETER THURSDAY SATURDAY ASH FRIDAY 7TH SUNDAY IN MONDAY OF DAMIAN, AFTER ASH ORDINARY TIME WEDNESDAY AFTER ASH AFTER ASH WEEK 7 IN BISHOP. WEDNESDAY WEDNESDAY **ORDINARY TIME** WEDNESDAY FIRST READING DOCTOR LEV 19:1-2,17-18 COMMEMORATION OF SAINT PSALM 103:1-4,8,10,12-13 POLYCARP, BISHOP, MARTYR SECOND READING 1 CORINTHIANS 3:16-23 GOSPEL MATT 5:38-48 AIRTRADE FORTNIGHT AIRTRADE FORTNIGHT AIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT

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WE PRAY THAT PARISHES, PLACING COMMUNION AT THE CENTRE, MAY INCREASINGLY BECOME COMMUNITIES OF FAITH, FRATERNITY AND WELCOME TOWARDS THOSE MOST IN NEED.



26TH FEB. - 4TH MARCH 2023 • 1ST WEEK OF LENT

Prayer is something that can be really hard to understand, let alone do. Sometimes it comes naturally but usually it's something we forget about and don't find time for. Prayer is simply a chat with God and you don't need to use the right words, you don't even need to use any words, you just need to put aside some time to be with God. It's amazing what a difference a few minutes a day can make - try it for yourself this week!



26TH FEB. -4TH MARCH 2023 • 1ST WEEK OF LENT • PSALTER WEEK 4

THURSDAY SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY THURSDAY OF FRIDAY OF SATURDAY OF IST SUNDAY MONDAY OF THE TUESDAY OF THE SAINT DAVID, THE 1ST WEEK THE 1ST WEEK THE 1ST WEEK OF LENT 1ST WEEK OF 1ST WEEK OF BISHOP, FEAST OF LENT OF LENT OF LENT LENT LENT DAY OF SPECIAL PRAYER FOR THE UNEMPLOYED WOMENS WORLD COMMEMORATION OF COMMEMORATION OF SAINT CASIMIR DAY OF PRAYER SAINTS MARGARET FIRST READING CLITHEROW, ANNE LINE, MARGARET WARD, GENESIS 2:7-9.3:1-7 MARTYRS PSALM 51:3-6,12-14,17 COMMEMORATION OF SAINT GREGORY OF SECOND READING NAREK, ABBOT, DOCTOR ROMANS 5:12-19 GOSPEL MATT 4:1-11 FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT FAIRTRADE FORTNIGHT

OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MARCH: VICTIMS OF ABUSE

WE PRAY FOR THOSE WHO HAVE SUFFERED HARM FROM MEMBERS OF THE CHURCH; MAY THEY FIND WITHIN THE CHURCH HERSELF A CONCRETE RESPONSE TO THEIR PAIN AND SUFFERING.



5TH - 11TH MARCH 2023 · 2ND WEEK OF LENT

We often give up things for Lent but fasting is not just about going without chocolate. It's about going without something you don't need in order to focus on the things you do. You might fast from watching TV or going on your phone and spend more time with your family and friends. What can you give up for Lent that will help you understand the really important things in your life?



5TH - 11TH MARCH 2023 • 2ND WEEK OF LENT • PSALTER WEEK 1

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FRIDAY OF THE 2ND SUNDAY SATURDAY OF MONDAY OF THE TUESDAY OF THE WEDNESDAY OF THURSDAY OF 2ND WEEK OF THE 2ND WEEK OF LENT 2ND WEEK OF 2ND WEEK OF THE 2ND WEEK THE 2ND WEEK LENT OF LENT LENT LENT OF LENT OF LENT FIRST READING GENESIS 12:1-4A CAFOD LENT COMMEMORATION OF COMMEMORATION OF COMMEMORATION OF FAST DAY SAINTS PERPETUA AND SAINT JOHN OF GOD, SAINT FRANCES OF PSALM 33:4-5,18-20,22 FELICITY, MARTYRS RELIGIOUS ROME, RELIGIOUS SECOND READING 2 TIM 1:8B-10 GOSPEL MATT 17:1-9

OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MARCH: VICTIMS OF ABUSE

WE PRAY FOR THOSE WHO HAVE SUFFERED HARM FROM MEMBERS OF TH CHURCH; MAY THEY FIND WITHIN THE CHURCH HERSELF A CONCRETE RESPONSE TO THEIR PAIN AND SUFFERING.

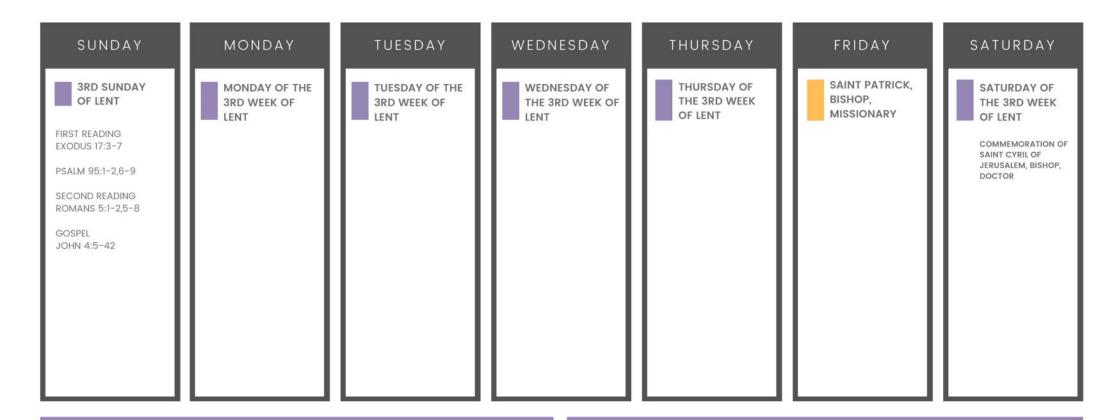
Aldusgiving

12TH - 18TH MARCH 2023 · 3RD WEEK OF LENT

Almsgiving means simply giving what we are able to those in need. It's not just about giving money to charity however. You can give of yourself in so many ways – you can give your time, your compassion or your love to those in need and by doing so truly understand what Lent is all about.



12TH - 18TH MARCH 2022 • 3RD WEEK OF LENT • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MARCH: VICTIMS OF ABUSE

WE PRAY FOR THOSE WHO HAVE SUFFERED HARM FROM MEMBERS OF TH CHURCH; MAY THEY FIND WITHIN THE CHURCH HERSELF A CONCRETE RESPONSE TO THEIR PAIN AND SUFFERING.

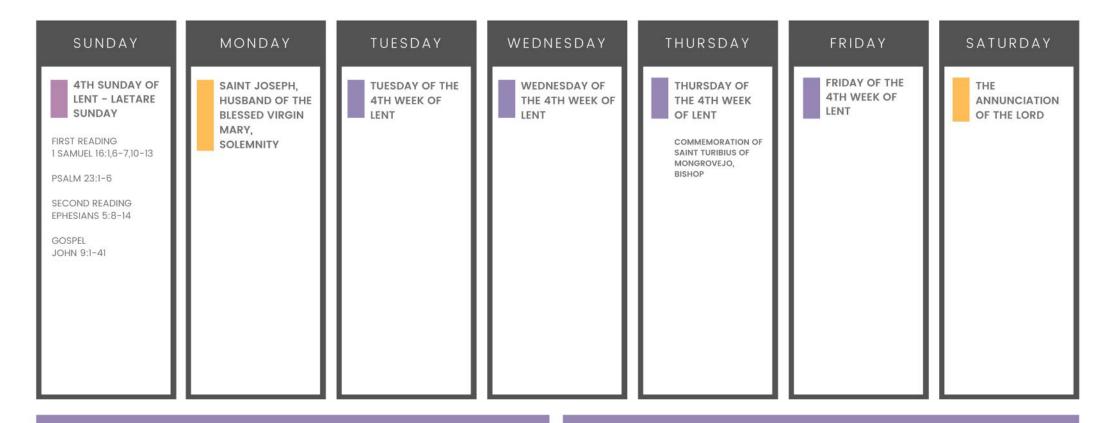
SA MALIGE CE

19TH - 25TH MAR. 2023 · 4TH WEEK OF LENT

This week we will be thinking about the sacrifice that Jesus made for us. His death and resurrection are at the heart of our faith and they are the reason that we have our school and our Church today. We are called to make sacrifices too, not necessarily to give our lives, but maybe to give our time, or our love or our compassion. Think about the people who make sacrifices for you and what that means to you. Think about how you can make sacrifices for others this week.



19TH - 25TH MAR. 2023 • 4TH WEEK OF LENT • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MARCH: VICTIMS OF ABUSE

WE PRAY FOR THOSE WHO HAVE SUFFERED HARM FROM MEMBERS OF THE CHURCH; MAY THEY FIND WITHIN THE CHURCH HERSELF A CONCRETE RESPONSE TO THEIR PAIN AND SUFFERING.

Jongney

26TH MAR. - IST APRIL 2023 • 5TH WEEK OF LENT

Lent is a truly special journey that helps us walk with, and get closer to Jesus. By trying to walk in his footsteps we can understand better about sacrifice and love. Think about your journey through lent so far how hard has it been? What have been the struggles you have faced?

Think this week about what you've learnt from your journey and just how far you've come.

Jongney

26TH MAR. - 1ST APRIL 2023 • 5TH WEEK OF LENT • PSALTER WEEK 4

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FRIDAY OF THE **5TH SUNDAY** MONDAY OF THE TUESDAY OF THE WEDNESDAY OF THURSDAY OF SATURDAY OF 5TH WEEK OF OF LENT 5TH WEEK 5TH WEEK OF THE 5TH WEEK THE 5TH WEEK THE 5TH WEEK LENT OF LENT LENT OF LENT OF LENT OF LENT FIRST READING EZ 37:12-14 PSALM 130:1-8 SECOND READING ROMANS 8:8-11 GOSPEL JOHN 11:1-45

OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MARCH: VICTIMS OF ABUSE

WE PRAY FOR THOSE WHO HAVE SUFFERED HARM FROM MEMBERS OF THE CHURCH; MAY THEY FIND WITHIN THE CHURCH HERSELF A CONCRETE RESPONSE TO THEIR PAIN AND SUFFERING.

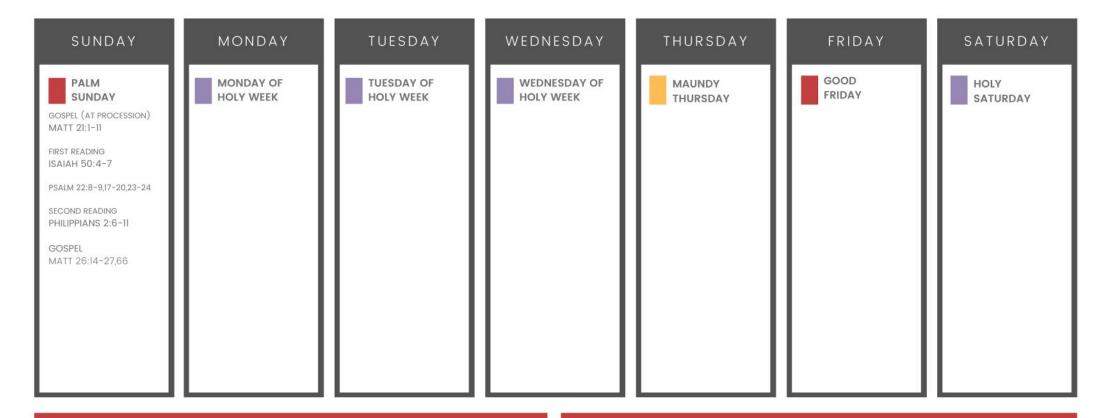
PASSION I

2ND - 8TH APRIL 2023 · HOLY WEEK

This week we hear the story of the Passion. We hear and remember the final moment of Jesus' life and his amazing act of love and sacrifice. We mirror the last few days during the Easter Triduum and journey with Jesus through the Last Supper, his crucifixion and his death on the cross. We finish our week with the Easter Vigil and as the light enters the Church we celebrate the Resurrection. Reflect this week on what this event means to you and to the world.



2ND - 8TH APRIL 2023 · HOLY WEEK · PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR APRIL:
A CULTURE OF PEACE AND NON VIOLENCE

WE PRAY FOR THE SPREAD OF PEACE AND NON VIOLENCE, BY DECREASING THE USE OF WEAPONS BY STATES AND CITIZENS.

A L'allebria I A!

9TH - 15TH APRIL 2023 · EASTER

On Sunday we celebrated the most important celebration within our faith, the resurrection of Jesus! We celebrate the season of Easter by using a word we don't use during Lent - Alleluia! The word simply means 'praise the Lord' and it's a reminder that at this time of year we should be rejoicing and celebrating that Jesus is risen. Think this week about what makes you want to celebrate and think about how you can show the world the joy of the resurrection.



9TH - 15TH APRIL 2023 · EASTER · PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR APRIL:
A CULTURE OF PEACE AND NON VIOLENCE

WE PRAY FOR THE SPREAD OF PEACE AND NON VIOLENCE, BY DECREASING THE USE OF WEAPONS BY STATES AND CITIZENS

missionagy discipleship

16TH - 22ND APRIL 2023 · EASTERTIDE

We are called to be an outward looking Church – spreading the Good News just as Mary Magdalene did on that Easter morning. Pope Francis tell us that we should not look in on ourselves but instead take the Joy of the Gospel out to those people who need to hear it. This doesn't mean just shouting bible passages at people in the street it means living our life in a way that reflects our scripture and shows people the very best of what our Church is all about. How can your evangelise this week? How can you share what our faith is about with others?



16TH - 22ND APRIL 2023 · EASTERTIDE · PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR APRIL: A CULTURE OF PEACE AND NON VIOLENCE

WE PRAY FOR THE SPREAD OF PEACE AND NON VIOLENCE, BY



23RD - 29TH APRIL 2023 · EASTERTIDE

Having faith can be tough. It means believing in something that you can not know for certain and in a world where there is almost an answer for everything this can be difficult. Have a think about your faith and what you believe in. What do you find it hard to believe in?

What gives you hope?



23RD- 29TH APRIL 2023 . EASTERTIDE . PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR APRIL:
A CULTURE OF PEACE AND NON VIOLENCE

WE PRAY FOR THE SPREAD OF PEACE AND NON VIOLENCE, BY

Vocation \

30TH APR. - 6TH MAY 2023 . EASTERTIDE

The word vocation comes from the Latin for "to call" and it reminds us that we all have a calling from God to be the person he created us to be. Finding that vocation and hearing that call however can be really hard sometimes and it's often difficult to know what we should do with our lives. This week spend some time in prayer thinking about what God might be calling you to do with your life. Often it's not what we expect but when you find something that you love that is usually a good sign you're on the right track!



30TH APR. - 6TH MAY 2023 . EASTERTIDE . PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MAY: CHURCH MOVEMENTS AND GROUPS

WE PRAY THAT CHURCH MOVEMENTS AND GROUPS MAY REDISCOVER THEIR MISSION OF EVANGELIZATION EACH DAY, PLACING THEIR OWN CHARISMS AT



7TH - 13TH MAY 2023 · EASTERTIDE

To be a witness involves two things. The first is seeing something happen that you remember and that has an effect on you. The second is telling others about what you have seen. The first disciples were witness to the resurrection and we too can be witness to Christ when we recognise him at work in our world. The question is, how will you tell others what you've seen so that the Good News continues to be heard?



7TH - 13TH MAY 2023 • EASTERTIDE • PSALTER WEEK 4



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MAY: CHURCH MOVEMENTS AND GROUPS

WE PRAY THAT CHURCH MOVEMENTS AND GROUPS MAY REDISCOVER THEIR MISSION OF EVANGELIZATION EACH DAY, PLACING THEIR OWN CHARISMS AT THE SERVICE OF NEEDS IN THE WORLD.



14TH - 20TH MAY 2023 . EASTERTIDE

As a Christian, we are all called to be an example and to be inspirational to other people. If only it was that easy! When Jesus ascended into heaven he gave us the job of spreading the Good News to the world and one of the best ways to do that is by being a good example. Think this week about who looks up to you and of course, who you look up to. How can you be a good role model and set a good example to those around you?



14TH - 20TH MAY 2023 . EASTERTIDE . PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MAY: CHURCH MOVEMENTS AND GROUPS

WE PRAY THAT CHURCH MOVEMENTS AND GROUPS MAY REDISCOVER THEIR MISSION OF EVANGELIZATION EACH DAY, PLACING THEIR OWN CHARISMS AT THE SERVICE OF NEEDS IN THE WORLD.

COMmunication 10

21ST - 27TH MAY 2023 · EASTERTIDE

Communication is a huge part of our everyday lives. We can communicate faster and with more people than ever before and this week we think about those things that we need to share and communicate with others. We are called during Eastertide to proclaim the Good News and this week we can use all the forms of communication that we have to share God's Message and to celebrate God's love for us in our lives. This think week about how you can share some Good News with others and play your part in communicating the Gospel message to others.

COMmunication TO

21ST - 27TH MAY 2023 • EASTERTIDE • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MAY: CHURCH MOVEMENTS AND GROUPS

WE PRAY THAT CHURCH MOVEMENTS AND GROUPS MAY REDISCOVER THEIR MISSION OF EVANGELIZATION EACH DAY, PLACING THEIR OWN CHARISMS AT THE SERVICE OF NEEDS IN THE WORLD.

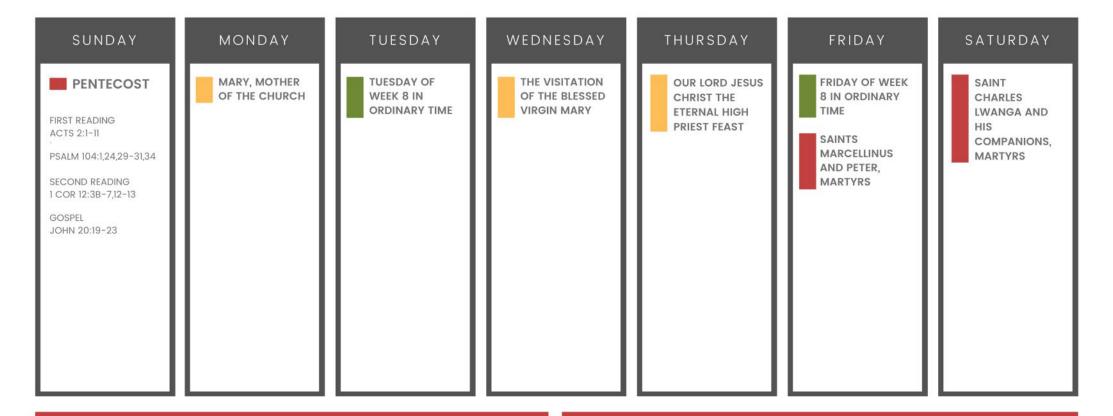
PEMECOST

28TH MAY - 3RD JUNE 2023 . 8TH WEEK IN ORDINARY TIME

The Feast of Pentecost is one of the biggest events in the history of the Church. The Church we're part of today can be traced back to that single event when the disciples, filled with the Holy Spirit, went out into the streets and started spreading the Good News in many different languages. They found a new courage and a new mission to spread Jesus' message and today over 1 billion people are part of the Catholic Church! Think about the Good News in your lives – how do you share that with others?



28TH MAY - 3RD JUNE 2023 • 8TH WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR MAY: CHURCH MOVEMENTS AND GROUPS

WE PRAY THAT CHURCH MOVEMENTS AND GROUPS MAY REDISCOVER THEIR MISSION OF EVANGELIZATION EACH DAY, PLACING THEIR OWN CHARISMS AT THE SERVICE OF NEEDS IN THE WORLD.



4TH - 10TH JUNE 2023 • 9TH WEEK IN ORDINARY TIME

On Sunday we celebrate the feast of the Most Holy Trinity which celebrates God in three persons. One of the 7 gifts of the Holy Spirit – Piety – reminds us to show reverence and respect for God the Father, God the Son and God the Holy Spirit at all times and we can do this in many ways. One way is by following the second of the Ten Commandments and never talking about God disrespectfully but we can also show reverence through prayer and the way that we behave. Make an effort this week to be reverent and to show respect to God and to those around you.



4TH - 10TH JUNE 2023 • 9TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JUNE: FOR THE ABOLITION OF TORTURE

WE PRAY THAT THE INTERNATIONAL COMMUNITY MAY COMMIT IN A CONCRETE WAY TO ENSURING THE ABOLITION OF TORTURE AND GUARANTEE SUPPORT TO VICTIMS AND THEIR FAMILIES.

KN ConvergeDGE

11TH - 17TH JUNE 2023 • 10TH WEEK IN ORDINARY TIME

Knowledge is another gift of the Holy Spirit. It might sound very simple but you'll often hear people say "knowledge is power". When you take the time to learn about the world around you, you can start to see just what God has created for us. When you learn something new you grow as a person. Think this week about how much you learn at school and what you can learn this week. Take the time to ask a question or read a book and improve your knowledge this week.



11TH - 17TH JUNE 2023 • 10TH WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JUNE: FOR THE ABOLITION OF TORTURE

WE PRAY THAT THE INTERNATIONAL COMMUNITY MAY COMMIT IN A CONCRETE WAY TO ENSURING THE ABOLITION OF TORTURE AND GUARANTEE SUPPORT TO VICTIMS AND THEIR FAMILIES.

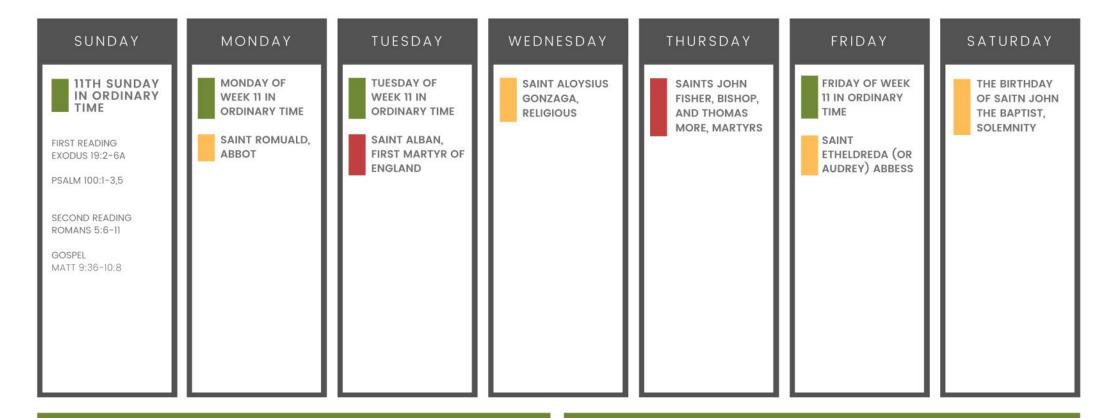
UNDURASTUA MADING

18TH - 24TH JUNE 2023 • 11TH WEEK IN ORDINARY TIME

Knowledge is one thing, but unless we understand it we can't use it to make the world a better place. Understanding helps us take our knowledge and apply it to our lives. Think this week about how you could be more understanding. How could you empathise and really understand what your friends are thinking or feeling? It often involves making an effort and really listening. How can you better understand the consequences of your decisions and actions this week?



18TH - 24TH JUNE 2023 • 11TH WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JUNE: FOR THE ABOLITION OF TORTURE

WE PRAY THAT THE INTERNATIONAL COMMUNITY MAY COMMIT IN A CONCRETE WAY TO ENSURING THE ABOLITION OF TORTURE AND GUARANTEE SUPPORT TO VICTIMS AND THEIR FAMILIES.



25TH JUNE - 1ST JULY 2023 • 12TH WEEK IN ORDINARY TIME

When we put knowledge and understanding together we gain wisdom. Wisdom comes from experience and learning from our mistakes – it takes time! Think about the people in your life who are wise, what can you learn from them? How can you use the experiences you've had in the past to help you make wise decisions in the future?



25TH JUNE - 1ST JULY 2023 • 12TH WEEK IN ORDINARY TIME • PSALTER WEEK 1



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JUNE: FOR THE ABOLITION OF TORTURE

WE PRAY THAT THE INTERNATIONAL COMMUNITY MAY COMMIT IN A CONCRETE WAY TO ENSURING THE ABOLITION OF TORTURE AND GUARANTEE SUPPORT TO VICTIMS AND THEIR FAMILIES.



2ND - 8TH JULY 2023 . 13TH WEEK IN ORDINARY TIME

Counsel ('right judgement') is a powerful gift of the Holy Spirit. Being able to know the right course of action can often be hard, but we have in the Holy Spirit the voice of conscience, the voice that helps us make the right choices. Think this week about the choices you face and about how you can let your faith guide you toward the right thing to do.



2ND - 8TH JULY 2023 • 13TH WEEK IN ORDINARY TIME • PSALTER WEEK 2



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JULY: A EUCHARISTIC LIFE

WE PRAY THAT CATHOLICS MAY PLACE THE CELEBRATION OF THE EUCHARIST AT THE HEART OF THEIR LIVES, TRANSFORMING HUMAN RELATIONSHIPS IN A VERY DEEP WAY AND OPENING TO THE ENCOUNTER WITH GOD AND ALL THEIR BROTHERS AND SISTERS.



9TH - 15TH JULY 2023 • 14TH WEEK IN ORDINARY TIME

Fortitude ('courage') is something we will all need to find in our lives. You may need the courage to face an exam or test, or maybe you'll need the courage to say sorry and seek forgiveness. The Holy Spirit can give us courage when we need it the most, so think about the times and places where you need courage at the moment and ask God to help you find that courage and move forward.



9TH - 15TH JULY 2023 • 14TH WEEK IN ORDINARY TIME • PSALTER WEEK 3



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JULY: A EUCHARISTIC LIFE

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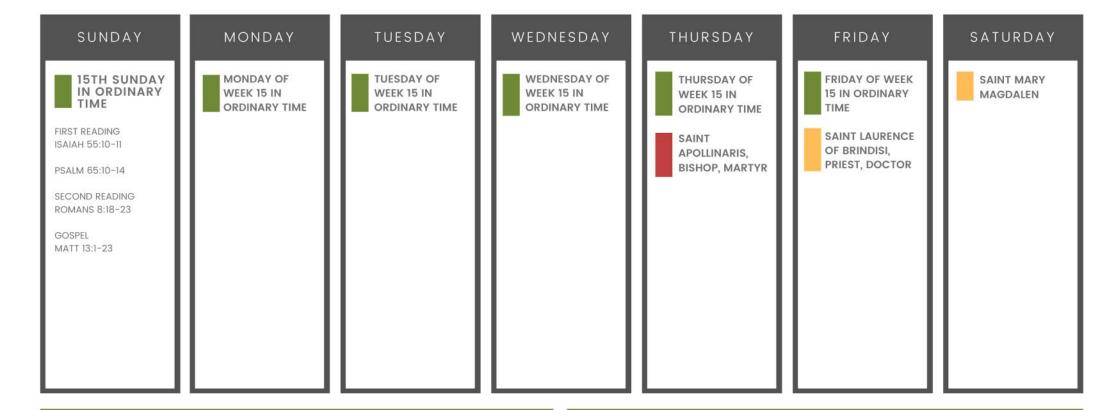
A MERSOLATER

16TH - 22ND JULY 2023 • 15TH WEEK IN ORDINARY TIME

Fear Of The Lord ('Awe and Wonder') is an amazing gift of the Holy Spirit. It's the ability to see the incredible things God has created and not take them for granted. It allows us to recognise the true awesomeness of God and to know that we need to put him first. This week try and look again at those areas in your live that show the true awesomeness of God. How can you celebrate what is really awesome in your life?!



16TH - 22ND JULY 2023 • 15TH WEEK IN ORDINARY TIME • PSALTER WEEK 4



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JULY: A EUCHARISTIC LIFE

WE PRAY THAT CATHOLICS MAY PLACE THE CELEBRATION OF THE EUCHARIST AT THE HEART OF THEIR LIVES, TRANSFORMING HUMAN RELATIONSHIPS IN A VERY DEEP WAY AND OPENING TO THE ENCOUNTER WITH GOD AND ALL THEIR BROTHERS AND SISTERS.



23RD - 29TH JULY 2023 . 16TH WEEK IN ORDINARY TIME

As we finish the school year we can look back at the things that have changed and look forward to the new opportunities that the future holds. At the transfiguration Jesus showed his disciples a vision of what was to come and as we look forward into the unknown we know that Jesus will accompany us.



23RD - 29TH JULY 2023 • 16TH WEEK IN ORDINARY TIME • PSALTER WEEK I



OUR MISSION THIS WEEK...

THE POPE'S INTENTION FOR JULY: A EUCHARISTIC LIFE

WE PRAY THAT CATHOLICS MAY PLACE THE CELEBRATION OF THE EUCHARIST AT THE HEART OF THEIR LIVES, TRANSFORMING HUMAN RELATIONSHIPS IN A VERY DEEP WAY AND OPENING TO THE ENCOUNTER WITH GOD AND ALL THEIR BROTHERS AND SISTERS.

ALL WRITTEN CONTENT BY NOTTINGHAM DIOCESAN CATHOLIC YOUTH SERVICE

DESIGN BY NAOMI ROBERTS