

FOOD FESTIVAL

By Aspens

Spring / Summer 2023
20/2, 13/3, 3/4, 24/4, 15/5, 5/6, 26/6, 17/7

WEEK
ONE

	Beef and Hidden Veg Bolognese	Bangers & Mash	Roast Chicken	Mexican Chicken Wrap	Golden Fish Fingers
Option 1	Wholegrain Pasta, and Green Salad	Green Beans	Stuffing, Roasties & Fresh Veggies	Oven Baked Potato Wedges, Broccoli & Salsa	Chips & Peas
Option 2	Veggie Bolognese	Veggie Bangers	Quorn Roast	Bean & Sweetcorn Burrito	Vegetable Fingers
	Wholegrain Pasta, and Sweetcorn	Mash and Green Beans	Roasties, With Fresh Veg	Oven Baked Potato Wedges, Broccoli & Salsa	Chips & Peas

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Cornflake Tart

Carrot Cake

Marble Sponge Cake

Jelly & Fruit

Oat Cookie

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

By Aspens

Spring / Summer 2023
27/2, 20/3, 10/4, 1/5, 22/5, 12/6, 3/7, 24/7

WEEK
TWO

Option 1	Margherita Pizza Carrot & Sultana Salad	Beef Burger in a Bun Wedges & Sweetcorn	Roast Gammon Roasties, Fresh Veggies & Gravy	Chicken Curry Wholegain Rice & Coconut Cabbage	Fish Fingers Chips & Beans
	▲	▲	▲	▲	
Option 2		Veggie Burger in a Bun Wedges & Sweetcorn	Quorn Sausage Roasties, Fresh Veggies & Gravy	Sweet Vegetable Curry Wholegrain Rice & Coconut Cabbage	Vegetable Fingers Chips
	▼	▼	▼	▼	▼
Potatoes & Pasta	Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily				
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
The Finale	Apple Crumble	Vanilla Cup Cake	Chocolate Brownie	Peaches & Ice Cream	Lemon Cookie

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

By Aspens

Spring / Summer 2023
6/3, 27/3, 17/4, 8/5, 29/5, 19/6, 10/7, 31/7

WEEK
THREE

Option 1

**Cheese & Tomato
Pizza Baguette**

Sweetcorn

**All In One
Sausage**

With Cheesy
Potato Bake &
Carrots

**All In One
Veggie Sausage**

With Cheesy
Potato Bake &
Carrots

Roast Chicken

Stuffing, Roasties,
Fresh Veg &
Gravy

Quorn Roast

Roasties,
Fresh Veggies &
Gravy

Chinese Chicken

Wholegrain Rice &
Five Spice Cauliflower

Veggie Curry

Wholegrain Rice &
Five Spice Cauliflower

Fish Fingers

Chips &
Beans

**Vegetable
Fingers**

Chips &
Beans

Option 2

Potatoes &
Pasta

Packed
Lunch

The Finale

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

**Lemon
Cake**

**Vanilla Sprinkle
Sponge**

**Citrus Rice
Crispie Cake**

**Apple Sponge
Cake**

Flapjack

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch