	Week	Week Beginning	First Reading	Gospel Reading	Suggested Scripture HB	Sugested Scripture NT	Word of the Week	Explanation	Mission	Туре
<u>Sun 1</u>								We are all called to welcome others into our communities, to open our doors and bring people in - particularly those on the margins and		
								those who feel left out. Being welcoming helps those new to our community to feel loved, supported and included. We are all one	Find someone new in your community and make them	
	Week 22 in Ordinary Time	Sunday, 1 September 2024	Deut 4:1-2, 6-8	Mark 7:1-8, 14-15, 21-23	Isaiah 66: 18-21	luke 13: 22-30	Welcome	body in Christ, everyone is welcome, and everyone has a part to play.	feel welcome.	Word of the week
Sun 8								To encounter Christ is to have a personal experience of God's love and presence. It can happen in any place or time, and it can take		
								many different forms. We often encounter Christ when we feel loved and cared for and we too can help others to encounter when we	Make time this week to look at	
	Week 23 in Ordinary Time	Sunday, 8 September 2024	lsa 35:4-7	Mark 7:31–37	Wisdom 19: 13-22	Luke 19: 1-10	Encounter	share his love with others. An encounter with Christ can be a life- changing experience that can give us strength, hope, and peace.	where you might encounter	Bishop's Priority
Sun 15								Identity is the sense of who we are as individuals. It is shaped by our		
								experiences, our beliefs, and our relationships. In the Catholic faith, our identity is rooted in our relationship with God. We are created in the image and likeness of God, and we are called to be his children	Take a selfie doing something that you love and	
	Week 24 in Ordinary Time	Sunday, 15 September 2024	lsa 50:4-9	Mark 8:27-35	Jeremiah 1:5	Matt 5: 14–16	Identity	the image and likeness of God, and we are called to be his children and to respect the dignity of all people.	that says something about who you are.	Word of the week
<u>Sun 22</u>								Understanding is the ability to comprehend and interpret information. It is essential for building relationships, for empathising	Find time to talk to someone	
								with others and for making good decisions. In the Catholic faith, we	you don't know very well this week so that you can	
	Week 25 in Ordinary Time	Sunday, 22 September 2024	Wis 2:12, 17-20	Mark 9:30–37	Proverbs 3: 5-6	1 John 5:18-20	Understanding	are called to be understanding of others and to be compassionate towards them, even when we disagree with them.	understand them better.	Gift of the Holy Spirit
Sun 29								Solidarity is the feeling of unity and support for others. It is essential for building a just and compassionate society. In the Catholic faith, we are called to be in solidarity with the poor and the marginalized	Research the work of	
								we are called to be in solidarity with the poor and the marginalized and with those who are suffering, both physically and emotionally. Even if we have not met them, our faith creates an obligation in us to	CAFOD this week and find a campaign action that will	
	Week 26 in Ordinary Time	Sunday, 29 September 2024	Num 11:25-29	Mark 9:38-43, 45, 47-48	Psalm 133: 1-3	Galations 3: 23-28	Solidarity	Even if we have not met them, our faith creates an obligation in us to support our brothers and sisters in Christ.	help you stand in solidarity with others.	Catholic social teaching
Sun 6								The Rosary is a prayer that we can all use to meditate on the life of lague Christ. It is a powerful tool for prayer and spiritual growth		
								Jesus Christ. It is a powerful tool for prayer and spiritual growth through the intercession of Mary our mother. The Rosary can help us to grow in our faith, to deepen our relationship with God, and to find	Find time to pray the Heil Mary	
	Week 27 in Ordinary Time	Sunday, 6 October 2024	Gen 2:18-24	Mark 10:2-16 or shorter	Psa 23: 1-6	Luke 17: 5-10	Rosary	peace and comfort in difficult times.	or the Rosary this week.	Word of the week
<u>Sun 13</u>								In the Catholic faith, we are called to care for the poor and to work to alleviate poverty. We are also called to be aware of the causes of		
								poverty and to work to change them. Scripture reminds us that we can be financially poor but we can also be poor in spirit and that as	Make a donation or	
	Week 28 in Ordinary Time	Sunday, 13 October 2024	Wis 7:7-11	Mark 10:17-30 or shorter	Lev 25: 35-38	2 cor 8: 1-15	Poverty	followers of Jesus we should show mercy to all people, especially those most in need.	money, items or time to a charity this week.	Catholic social teaching
Sun 20	· · ·							Service is the act of helping others, even when it means a sacrifice	Seek out those people in	
								for ourselves. It is an essential part of the Catholic faith, as it is a way of showing love and compassion for others by putting our faith into action. Our faith calls us to serve others in need, both in our own	your community who	
	Week 29 in Ordinary Time	Sunday, 20 October 2024	lea 52:10-11	Mark 10:35–45 or shorter	Isaiah 58:10	Luke 10: 30-37	Service	action. Our faith cails us to serve others in need, both in our own community and in the world at large as humble servants, just as Christ did.	serve others and thank them for what they do.	
Sun 27	week 23 in ordinary fime	Sunday, 20 October 2024	150 55.10-11	Mark 10.33-45 of shorter	1501011 50.10	Luke 10. 30-37	Service	Compassion is the feeling of wanting to help others who are	say a prayer for	Word of the week
<u>our 21</u>								suffering, It is an essential part of the Catholic failt, as it is a way of showing love and mercy for others. In the Catholic failt, we are	someone you know is	
	Week 30 in Ordinary Time	Sunday, 27 October 2024	ler 31:7-9	Mark 10:46-52	Zech 7:9-10	Matthew 9:35–38	Compassion	called to be compassionate to those who are suffering, both physically and emotionally.	struggling. Find time to be with them this week.	M
Sun 3		Sunday, 27 October 2024						physically and emotionally.	Think about the people	Word of the week
								Accompaniment is the act of walking with someone on their journey.	who walk with you in	
								It is how we, as followers of Christ, show support and love for others. We are called to accompany others on their journey of faith, both in good times and in bad, just as the Holy Spirit watches over each of us	life. Take time this week to tell them how much	
	Week 31 in Ordinary Time	Sunday, 3 November 2024	Deut 6:2-6	Mark 12:28–34	Exodus 3: 15-20	Luke 24:13-35	Accompaniment	good times and in bad, just as the Holy Spirit watches over each of us in our own lives.		Word of the week
Sun 10								Remembrance is an important part of our faith. We remember the saints, those who have died, and the events of our history.	Spend time in prayer to remember those people who	
	Week 32 in Ordinary Time	Sunday, 10 November 2024	1Kas 17:10-16	Mark 12:38-44	Lamentations 3: 19:27	Luke 22: 14-23	Remembrance	Remembrance helps us to reflect on how those who've gone before us have shaped and inspired our lives today.	are important to us and who	Word of the week
Sun 17		Sunday, io November 2024						Young people have a vital role to play in the life of the Church and in	Make the effort to have a	Word of the week
								the world. They offer hope, inspiration and courage. We are all called to be young in our outlook and our attitude and we can see in young	positive and youthful attitude this week. Help others to see	
S 24	Week 33 in Ordinary Time	Sunday, 17 November 2024	Dan 12:1-3	Mark 13:24–32	Ecclesiastes 11: 9	Matthew 19: 13-15	Youth	people and example of how to live life to the full. The Kingdom of God is a place of peace, justice, and love. It is a place	hope in difficult situations	Word of the week
<u>Sun 24</u>								where everyone is welcome and everyone is loved. The Kingdom of God is not a place that we will find on a map, but it is a way of life that	Think of one thing you can do	
	Week 34 in Ordinary Time	Sunday, 24 November 2024	Dan 7:13-14	John 18:33-37	Daniel 2: 44-45	Luke 23: 35-43	Kingdom	we can work towards building in our own lives and in the world around us.	to make your community more	Word of the week
Sun 1		ounuu,, 1-1101011201 1014			2411012111111	1410 10100 10	linguoni	Hope is an expectation and desire for the things that are to come in the future. It is a powerful virtue that can help us to persevere	like the kingdom of heaven.	Word of the week
								through difficult times. In the season of Advent, we hope for the	Think of a reason that you	
	1st Week of Advent	Sunday, 1 December 2024	Jer 33:14-16	Luke 21:25-28, 34-36	Jeremiah 29:11-14	1 peter 1: 3-9	Норе	coming of Jesus and that he will bring peace, joy and love to the world.	have to be hopeful. Share that hope with someone this week.	Theological virtue
<u>Sun 8</u>								In the season of Advent, we pray for peace in the world. We know that Jesus Christ is the Prince of Peace, and we believe that he will	Find a way to bring peace to a difficult situation or	
	2nd Week of Advent	Sunday, 8 December 2024	Bar 5:1-9	Luke 3:1-6	Isa 26: 2-5	John 16: 25–33	Peace	bring peace to all people.	relationship this week.	Word of the week
Sun 15								Joy is a feeling of great happiness and pleasure. It is a positive emotion that help us to overcome sadness and despair. In the season	Think of something you can do for someone else to bring	
	3rd Week of Advent	Sunday, 15 December 2024	Zeph 3:14-18a	Luke 3:10-18	Zepheniah 3: 14–20	John 16: 16-24	Joy	of Advent, we rejoice in the coming of Jesus Christ. We know that he is the source of all joy, and we celebrate his birth with great joy.	them joy and find time to make it happen this week.	Word of the week
Sun 22									Think of someone who you love this week and make an	
	4th Week of Advent	Sunday, 22 December 2024	Mic 5:1-4a	Luke 1:39-45	Deaut 7: 6-9	1 Corrinthians 13:4-7	Love	Jesus Christis is the true example of love, and we celebrate this gift of love at Christmas time.	effort to show and tell them that you love them.	Theological virtue
Sun 29		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						Family looks different for everybody and they are a gift from God		
								that provide us with love, support, and belonging. We can find strength and comfort in our families. The Holy Family, Jesus, Mary	Who are the people you call family? Make time for them	
	Christmastide // Holy Family	Sunday, 29 December 2024	1 Sam 1:20-22, 24-28	John 1:1-18	Exodus 12: 20	1 John 4: 7-21	Family	and Joseph, give us a powerful example of what family should be, and inspire us love one another as they did.	this week and find an	Word of the week
<u>Sun 5</u>								Epiphany celebrates the revelation of Jesus Christ to the world. It is a time to reflect on the mystery of Christ's birth and to renew our	What is a gift that you can give	
								commitment to following Him. For us, Epinhany is a time to recognise	to to others? Think of a way to share your gift with your	
	Christmastide // Epiphany	Sunday, 5 January 2025	Isa 60:1-6	Matt 2:1-12	Psalm 67: 1–7	Matt 25: 14-30	Epiphany	the Magi and the gifts that they brought. Baptism is a sign of God's love and forgiveness, it marks a fresh start	community this week.	Word of the week
<u>Sun 12</u>								and a new beginning. When we are baptised are welcomed into the		
	Week 1 in Ordinary Time	Sunday, 12 January 2025 I	lea 42·1=4 6-7	Luke 3:15-16, 21-22	Exodus 19:10	Mark 1:8	Baptism	Church community of believers who love us, support us and help us grow. During baptism we are anointed as priest, prophet and king and called to live like Jesus did.	Think of one way you can be more like Jesus this week.	
Sun 19	week in Orainary lime	Sunday, 12 January 2025	134 42:1-4, 0-7	LUKE 3.10-10, 21-22	EXOUUS 19:10	10 III III III	Papusin	Discipleship is about following lesus and living your life according to	more like Jesus this week.	Word of the week
								his teachings. It is a lifelong journey of learning and growing in faith. As disciples, we are called to grow in our relationship with God, to	Think of someone in need in your community who you can	
	Week 2 in Ordinary Time	Sunday, 19 January 2025	lsa 62:1–5	John 2:1-12	Deuteronomy 6:4-9	Matthew 28:18-20	Discipleship	live out our faith in the world, and to serve others.	help and support this week.	Bishop's Priority
<u>Sun 26</u>								Scripture is the Word of God. It is a collection of sacred writings that tell the story of God's love for humanity. As we read scripture, we	Find a passage from the	
	Wook 2 in Ording	Sunday 26 January Coor	Nob 9:2-6 9 10	Luke 1:1-4: 4:14-21	Proverbs 4: 20-23	Matthew 7: 24-27	Scripture	learn about God's plan for our lives, and we are inspired to live a life of faith. Scripture can also be a source of comfort and guidance in	Gospels that you've not read before - reflect on what it	
Sun 2	Week 3 in Ordinary Time	Sunday, 26 January 2025 I	Nell 0:2-0, 0-10	LUKE 1.1-4; 4:14-21	FIOVERDS 4. 20-23	Muttiew /. 24-2/	schpture	difficult times and speaks to us throughout our lives. Humility is putting others before ourselves. When we show humility,	might mean to you.	Word of the week
								we are open to learning from others, and are willing to serve others. As we grow in humility, we become more like Jesus Christ who	Find opportunities to put others before yourself this	
	Week 4 in Ordinary Time	Sunday, 2 February 2025	Jer 1:4-5, 17-19	Luke 4:21-30	Prov 22: 1-4	1 Peter 5:6-7	Humility	humbled himself to share in our humanity.	week.	Word of the week

							a
Sun 9							Diversity inspires us to celebrate our difference dignity and value of everyone. We are all made likeness of God and we can recognise God in a
							different they may seem. Diversity reminds us to love one another and to create a world when
a 16	Week 5 in Ordinary Time	Sunday, 9 February 2025 Isa 6:1-2, 3-8	Luke 5:1-11	Psaim 139: 13-14	Colossians 1: 16-17	Diversity	loved, accepted and included. We all have rights and responsibilities. Jesus te
<u>Sun 16</u>							responsibility to serve those around us and wo everybody has what they need and deserve. W
	Week 6 in Ordinary Time	Sunday, 16 February 2025 Jer 17:5-8	Luke 6:17, 20-26	Exodus 18:13-27.	Galatians 6:2	Responsibility	for a fair and just society and we all have a part
Sun 23	week o in Ordinary Time	Sunday, 10 rebradiy 2025 Ser 17.5-8	Luke 0.17, 20-20	EXOLUS 10.13-27.	Guiutiuns 0.2	Responsibility	reality. Belonging is a feeling of being accepted and va
540 25							Belonging is a feeling of being accepted and vi to a community, we know that we are not alone being part of something bigger than ourselves
	Week 7 in Ordinary Time	Sunday, 23 February 2025 1Sam 26:2-23 (sel.)	Luke 6:27-38	Isaiah 43:1	1 cor 12: 12-31	Belonging	contribution and loving and supporting others.
Sun 2							Temperance is the virtue of self-control. It is at
							control our desires and impulses, and to make for us. We are often faced with temptations. Te
	Week 8 in Ordinary Time	Sunday, 2 March 2025 Sir 27:4-7	Luke 6:39-45	Matthew 4:1-11	Matthew 4:1-11	Temperance	to resist these temptations and to make the rig
Sun 9							Prayer is a conversation with God. It is a way of him and sharing our thoughts and feelings with
							done in many different ways, such as through a silence. During Lent, we can use praver to refle
	1st Week of Lent	Sunday, 9 March 2025 Deut 26:4-10	Luke 4:1-13	Jer 29: 10-14	Matthew 6: 5-15	Prayer	silence. During Lent, we can use prayer to refle with God, and to ask for his guidance and strer
Sun 16							Fasting is a way of showing self-discipline and relationship with God. Fasting can also be a was solidarity with those who are less fortunate. Fa
							part of Lent, as it allows us to follow the examp
a	2nd Week of Lent	Sunday, 16 March 2025 Gen 15:5-12, 17-18	Luke 9:28-36	Exodus 34: 25-28	Matt 6:16-18	Fasting	desert, and to grow in our compassion for othe Almsgiving is the practice of giving to those in
<u>Sun 23</u>							showing love and compassion for others. Alms way of expressing our gratitude for God's bless
	3rd Week of Lent	o		Isaiah 58: 7-12	Matt 25: 36-40		important part of Lent, as it allows us to share v
S 20	3rd week of Lent	Sunday, 23 March 2025 Exod 3:1-8, 13-15	Luke 13:1-9	Isdidn 58: 7-12	Matt 25: 36-40	Almsgiving	to be an example of mercy in the world. During Lent, we reflect on the sacrifice of Jesu
<u>Sun 30</u>							for our lives. The sacrifice of Jesus is a reminde
	4th Week of Lent	Sunday, 30 March 2025 Josh 5:9-12	Luke 15:1-3, 11-32	Genesis 22: 1-19	Hebrews 13: 1-3	Sacrifice	by God, and that we too, are called to live our li humble servants.
Sun 6							Lent is a time of journeying with Jesus Christ. It on our lives, repenting our sins, and growing in
							of Lent is a challenging one, but it is also a rewa journey that can help us to grow closer to God
	5th Week of Lent	Sunday, 6 April 2025 Isa 43:16-21	John 8:1-11	Proverbs 3: 5-8	Matt 6: 25-34	Journey	to truly celebrate Jesus Christ's resurrection at
Sun 13							The passion of Jesus Christ is the story of his s story of love, sacrifice, and redemption. Jesus'
							perseverance give us hope, strength and inspir during difficult times. It reminds us that he trul
	6th Week of Lent	Sunday, 13 April 2025 Isa 50:4-7	Luke 22:14-23:56	Isa 53: 1–12	Mark 15: 37–39	Passion	we struggle and encounter hard times.
Sun 20							Alleluia is a joyful word that means 'Praise the L Vigil, we use this word for the first time since the
	Easter	Sunday, 20 April 2025 Acts 10: 34. 37-43	John 20: 1-9	Psalm 25: 1-3	Revelation 19: 1-21	Alleluia	show that we can now celebrate the resurrect and the victory of life over death.
Sun 27		Cunacy, 20 April 2020 Acts 10: 54: 5745	John 20. 1-9			Allolala	Marcy is God's love and foreiveness in action 1
							powerful way during Eastertide as we rememb us out of love. This Sunday is Divine Mercy Sun
	2nd Week of Eastertide	Sunday, 27 April 2025 Acts 5:12-16	John 20:19-31	Lamentations 3: 22-24	1 John 4: 7-21	Mercy	reminder that we must be merciful to others, ju with us.
Sun 4		Acts 5.12-10	John 20.17-51			,	Having Eaith can be hard. It requires us to belie
							can't prove and see. St. Thomas is famous for n Jesus had risen, but this reminds us all that eve
	3rd Week of Eastertide	Sunday, 4 May 2025 Acts 5:27-32, 40b-41	John 21:1-19	Jonah 2: 1-9	James 1: 2-18	Faith	faith wasn't always easy. Faith is a gift from Go and hold on to it, faith gives us strength comfo
Sun 11							A vocation is God's call to each of us. It is the u
							has designed us to serve him and others. Findi take time and discernment but our vocation is
	4th Week of Eastertide	Sunday, 11 May 2025 Acts 13:14, 43-52	John 10:27-30	Genesis 12: 1-3	Romans 12: 4-8	Vocation	have a special purpose in this world, and we an something significant with our lives.
Sun 18							Witness is the sharing of our faith with others
	5th Week of Eastertide	Sunday, 18 May 2025 Acts 14:21-27	John 13:31-35	Matthew 4:1-11	Luke 2: 25-35	Witness	to the truth of Jesus Christ and the Gospel me can be a way of celebrating the hope and joy th
Sun 25	Stri week of Easterlide	Sunday, 16 May 2025 Acts 14:21-27	John 13:31-35	Matthew 4:1-11	Luke 2: 20-30	witness	and a way of powerfully sharing the good news An example is a model of behaviour. It is somet
<u>3uii 25</u>							to in order to learn how to live our lives. The live other holy men and women, remind us that we
	6th Week of Eastertide	Sunday, 25 May 2025 Acts 15:1-2, 22-29	John 14:23-29	Genesis 3: 1-24	Luke 15: 3-10	Example	the example of Jesus Christ. We too, should als
Sun 1	our week of Easternae	Sunduy, 25 May 2025 Acts 15:1-2, 22-29	John 14:23-29	Genesis 3. 1-24	Luke 15. 3-10	Example	others by trying to live a life of love, service, an Communication can take many forms in the world to
							Communication can take many forms in the world to building relationships and sharing the good news of This week we are called to think about the different
	7th Week of Eastertide	Sunday, 1 June 2025 Acts 7:55-60	John 17:20-26	prov 15: 1-4	Matt 15: 10–20	Communication	communicate God's message to the world and how together and inspire others through the message that
Sun 8				·			Pentecost is where we celebrate the coming of
							Pentecost the Holy Spirit came down upon the of tongues of fire, and they were filled with the
							speak in other languages. This day is often refe Church's birthday as it marks the moment whe
	Pentecost	Sunday, 8 June 2025 Acts 2:1-11	John 14:14-16, 23b-26	Exo 23: 16-19	1 cor 12:3b-7,12-13	Pentecost	inspired to go out into the world to share the g bring people to Christ.
Sun 15		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	John 14114-10, 250-20				The Trinity is a mystery that we can never fully central part of our Catholic faith. The Trinity is t
							one God who exists in three persons: the Fathe
							Holy Spirit. These three persons are distinct fro they are also one God. This special feast helps
	Trinity	Sunday, 15 June 2025 Prov 8:22-31	John 16:12-15	Isa 48: 14-16	Matt 28: 16-20	Trinity	understand God and inspires us to get to know our lives.
Sun 22		FIGV 8:22-31	oodii 10.12-13	100 -01 1-7 10		,	our lives. The Eucharist is the source and summit of our powerful way in which we receive Jesus Christ
							are united with him as one body. The Eucharist
							and nourishment, and as we receive it, just as t Last Supper, we are reminded of God's love for
	Corpus Christi	Sunday, 22 June 2025 Gen 14:18-20	Luke 9:11-17	Exodus 16: 1-10	Luke 22: 14-23	Eucharist	love others.
Sun 29							Missionary Discipleship is the call to share our Missionary Discipleship reminds us that we mu
							the love of Christ with others, to make the wor Missionary Discipleship is a way of life that is fu
	3rd Sunday After Pentecost	Sunday, 29 June 2025		Psalm 105:1-6	Mark 16: 14 - 16	Missionary Discip	in living our life in this way we can bring others
Sun 6	sie ounder, siter rentecost	culluly, 10 cullo 2020				interesting pracip	
							Support is the act of providing encouragement about being there for someone when they nee there for each of us. We will all have times whe
	Week 14 in Ordinary Time	Sunday, 6 July 2025 Isa 66:10-14	Luke 10:1-12, 17-20	Isaiah 41:10	Matt 7: 7-12	Support	from those around us and this can help us to co and to achieve our goals.
	Week is in ordinary fille	Junuay, July 2020 150 00.10-14				outport	and to acmeve our goals.

y inspires us to celebrate our differences and to respect the and value of everyone. We are all made in the image of of God and we can recognise God in all people, however they may seem. Diversity reminds us that we are all called ne another and to create a world where everyone feels coepted and included.	Think about those people in your community who may feel left out. This week, try to find a way to help them feel loved and included.	Word of the week
eve rights and responsibilities. Jesus tells us that we have a ibility to serve those around us and work for a world where when you have a set of a serve. We are called to work and just society and we all have a part to play in making it a	Take responsibility for something this week and do something positive to benefit those in your communities.	Catholic social teaching
ng is a feeling of being accepted and valued. When we belong mmunity, we know that we are not alone. Belonging is about art of something bigger than ourselves, making a positive tition and loving and supporting others.	Think about someone who's new to your community. Spend some time this week to get to know them better When you face a difficult	Word of the week
ance is the virtue of self-control. It is about being able to our desires and impulses, and to make choices that are good leare often faced with temptations. Temperance can help us these temptations and to make the right choices.	what the right decision might be.	Cardinal virtue
s a conversation with God. It is a way of opening our hearts to sharing our thoughts and feelings with him. Prayer can be many different ways, such as through words, music, or During Lent, we can use prayer to reflect on our relationship d, and to ask for his guidance and strength.	Take a moment this week to pray. Think about what you want to say to God and what he might be saying to you.	Word of the week
is a way of showing self-discipline and of focusing on our ship with God. Fasting can also be a way of expressing y with those who are sets fortunate. Fasting is an important exh, as it allows us to follow the example of Jesus in the and to grow in our compassion for others.	What can you go without this Lent? Think of something that you can give up to leave more time and space for what's important.	Word of the week
ing is the practice of giving to those in need. It is a way of glove and compassion for others. Almsglving can also be a spressing our gratitude for God's blessings. Almsglving is an nt part of Lent, as it allows us to share with those in need and example of mercy in the world.	Find a way to give something to charity or to someone in need this week.	Word of the week
Lent, we reflect on the sacrifice of Jesus and what it means lives. The sacrifice of Jesus is a reminder that we are all loved and that we too, are called to live our lives for others as servants.	Think about someone who makes sacrifices for you and take moment to thank them for what they do this week.	Word of the week
time of journeying with Jesus Christ. It is a time of reflecting ves, repenting our sins, and growing in our faith. The journey is a challenging one, but it is also a rewarding one. It is a that can help us to grow closer to God so that we are ready celebrate Jesus Christ's resurrection at Easter.	Spend some time in prayer thinking about your lenten journey so far and what you want to do with the journey ahead.	Word of the week
sion of Jesus Christ is the story of his suffering and death - a love, sacrifice, and redemption. Jesus' courage and rance give us hope, strength and inspiration to carry on ifffcult times. It reminds us that he truly understands us when ggle and encounter hard times.	Think of a difficult situation you are facing at the moment and ask Jesus to be with you and to give you courage.	Word of the week
is a joyful word that means 'Praise the Lord'. At the Easter use this word for the first time since the beginning of lent to at we can now celebrate the resurrection of Jesus Christ victory of life over death.	Spend time rejoicing this week and make a real effort to celebrate the Easter season with family and friends.	Word of the week
s God's love and forgiveness in action. We see this gift in a Il way during Eastertide as we remember what Jesus did for I love. This Sunday is Divine Mercy Sunday and it is a Ir that we must be merciful to others, just as God is merciful	Try and be merciful with everyone you meet this week, just as God is merciful with us.	Word of the week
Faith can be hard. It requires us to believe in those things we over and see. St. Thomas is farmous for not believing that ad risen, but this reminds us all that even for Jesus' disciples, an't always easy. Faith is a gift from God and if we can find it, J on to it, faith gives us strength comfort, and hope.	Think of something you need to have faith in this week. Spend some time in prayer to ask God for the faith you need.	Theological Virtue
ion is God's call to each of us. It is the unique way that God gred us to serve him and others. Finding our vocation can end discernment but our vocation is a reminder that we all pecial purpose in this world, and we are all called to do ng significant with our lives.	Spend some time talking to people about what you fell called to do with you life this week.	Word of the week
is the sharing of our faith with others. It is a way of testifying uth of Jesus Christ and the Gospel message. Our witness a way of celebrating the hope and joy that we have in Jesus ay of powerfully sharing the good news with those around us.	Find one way to share what your faith means to you with someone else this week.	Word of the week
uple is a model of behaviour. It is something that we can look fer to learn how to live our lives. The lives of the saints, and ly men and women, remind us that we are all called to follow mple of Jesus Christ. We too, should also be an example to y trying to live all feo flows, service, and forgiveness.	This week, Think of a something positive and loving you can do for those around you to set a good example others.	Word of the week
It is a way of relationships and sharing the good news of our faith with others. It we are called to think about the different ways we can cated God's message to the world and how we can bring people and inspire others through the message that we share.	Send a message to someone this week to tell them that they are loved.	Word of the week
st is where we celebrate the coming of the Holy Spirit. At st the Holy Spirit came down upon the aposties in the form ses of fire, and they were filled with the Spirit and began to other languages. This day is often referred to as the shirthday as it marks the moment when the disciples were to go out into the world to share the good news, and to	Find out how to say something nice in a new language this week and take opportunities to share good news with	
to go out into the world to share the good news, and to cople to Christ. Ity is a mystery that we can never fully understand, but it is a nart of our Catholic faith. The Trinity is the belief that there is	to share good news with others.	Word of the week
part of our Catholic faith. The Trinity is the belief that there is who exists in three persons: the Father, the Son, and the rit. These three persons are distinct from each other, but also one God. This special feast helps us reflect on how we and God and inspires us to get to know him more closely in k.	Say a prayer this week to God the father, God the Son and God the Holy Spirit and think about who God is to you.	Word of the week
harist is the source and summit of our faith. The Eucharist is a lively in which we receive Jesus Christ into our hearts and do with him as one body. The Eucharist is a source of strength rishment, and as we receive it, just as the disciples did at the per, we are reminided of GodS love for us and of our call to	Share a meal with the people	
ers. ary Discipleship is the call to share our faith with others. ary Discipleship reminds us that we must go out and share of Christ with others, to make the world a better place. ary Discipleship is a way of life that is full of joy and hope and	you love this week.	Word of the week
our life in this way we can bring others to encounter Christ us.	into action this week to help others to Encounter Jesus Write a message of support	Bishops priority
Is the act or providing encouragement and assistance, it is eing there for someone when they need you Just as Jesus is r each of us. We will all have times when we need support see around us and this can help us to cope with challenges chieve our goals.	for someone who is facing a challenge this week. Give the message to them to help them know you are there.	Word of the week

<u>Sun 13</u>	Week 15 in Ordinary Time	Sunday, 13 July 2025 I	Deut 30:10-14	Luke 10:25-37	Psalms 118: 19-24	1 Thes 5: 12-22	Qualitada	for and it is important to take time to appreciate the good things in	Make a special effort to say thank you this week to those people in your community who love and support you.	Word of the week
<u>Sun 20</u>	Week 16 in Ordinary Time	Sunday, 20 July 2025 (Gen 18:1-10	Luke 10:38-42	Psalm 150: 1-6	John 2: 1-12	Oslahuntian	A celebration is when we come together to rejoice in the things that are good, it is a time to give thanks to God for all his blessings and to recognise what he's given to us in love. We should always look for things we can celebrate, and though our celebrations, we can share happiness and joy with others.	week and find an opportunity to praise someone else for	Word of the week
<u>Sun 27</u>	Week 17 in Ordinary Time	Sunday, 27 July 2025 (3en 18:20-32	Luke 11:1-13	Psalm 100: 1-5	Matt 6: 25-34	Thenkosiving	Thanksgiving is an opportunity to express our gratitude to God for all his gifts. To be truly thankful is to reflect on the good things in our lives and also to give thanks for the people who love and support us. Taking time to say thank you helps to us all to be grateful for what we have.	Take time to pray this week and to give thanks for the good things that God has	Word of the week