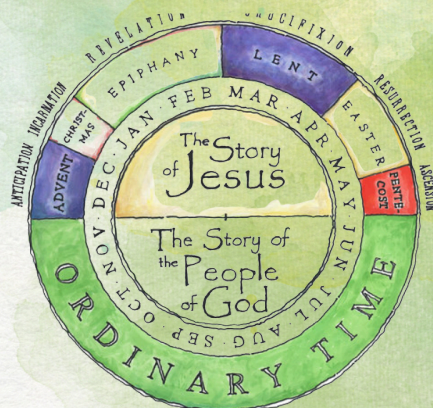




St Patrick's  
Catholic Academy



Patience is about waiting and trusting in God at work in our lives. Patience is often difficult to practice, especially when we are used to having everything on demand. Learning to be patient can help us to more content and to be at peace when situations are outside of our control.

When you have to wait for something this week, use the time to pray for the virtue of patience.

On Monday, Mr Kitchinson led our celebration of the word.

The message given was 'Patience means trusting that good things will come, even if we have to wait. God is always with us, helping us grow—just like the rain helps the plants'.

St Patrick's community were set the mission of trying to be patient with those around them. They also had an extra challenge to write a patience promise.



The Catholic Diocese of  
**Nottingham**



**OUR LADY  
OF LOURDES**

CATHOLIC MULTI-ACADEMY TRUST